

# Carita House

2008-2009



My Carita House Account No.



[www.caritahouse.com](http://www.caritahouse.com)

# WELCOME



Time flies and this is our 44th catalogue.. quite an achievement ... and we hope that you like it!

You will notice that quite a few of the designs in this catalogue are continued from previous years - albeit in new colourways. This is because so many of you have contacted us over the last couple of years and stated how nice it is to have some continuity of designs and colourways especially for clubs and schools.

At Carita House we pride ourselves on providing you with quality items at affordable prices and which you also know are still going to be available should new members join your club, team, group or school.

**Special Orders** - where you are able to have any of our existing designs in any colour combination that you wish with **NO MINIMUM** quantity, are ever more popular and at Carita House we pride ourselves in offering this unique service to all our customers. Our bespoke Special Orders Department will also quote you for your own design leotard or outfit - just send in a drawing showing as much detail as possible and we will quote you accordingly.

We do hope that you enjoy browsing through this collection.

As ever we are so grateful to all our long-standing customers and we look forward to hearing from you all again in the coming year.

Official Sponsors  
to the BSGA British Schools  
Gymnastic Association



## HOW TO ORDER

**Phone** 01270 627722

Monday - Friday 9am - 4.30pm

Please have all your details to hand for a speedy process.

(We have an answerphone outside office hours, or if our lines are busy, so please leave your telephone number and all your details and we will call you back)

**Fax** 01270 626684

Please either fill in the enclosed order form and fax it to us or alternatively put as much detail as possible on a sheet of paper and fax it.

**On-Line** [www.caritahouse.com](http://www.caritahouse.com)

Use our secure online ordering system. Also exclusive to our website is the **ONLINE SALE** - some fantastic offers to be had!

**Catalogue** You can also download the catalogue from our website.

Visit [www.caritahouse.com](http://www.caritahouse.com) and see the home page for all instructions.

**Email** [action@caritahouse.com](mailto:action@caritahouse.com) and advise all the relevant details.

**By Post** Send the enclosed order form or all the details of your order to:  
**Carita House, Stapeley, Nantwich, Cheshire, CW5 7LJ**

**Payment** Cheque (payable to Carita House), Mastercard, Visa, Maestro, Solo & Electron  
(Minimum cheque value - £3.00. Please send smaller amounts in stamps or coins)



Please see inside back cover for our "At-a-Glance" colour reference chart and all material information.

Simply turn over the inside flap on the back cover to have the colour chart available while you browse the catalogue



Our sincere thanks go to the following for their invaluable help and services during the production of this catalogue:  
Anyi, Christina, Katey, Jenny, Helen, Lyndsay, Renee, Brian & Paul.

Designed & Produced by: Siân Carstensen with [Sean@cliffeco.com](http://Sean@cliffeco.com)



**Spaghetti Strap Tee with built-in support bra.**  
95% Cotton / 5% Spandex

Design	531
Colours	41 Black
Size	S, M, L, XL
Price	£12

**Luxury Carite® 2-way StretchE Trousers.**  
88% Polyamid / 12% Elastane

Design	1604
Colours	44 White
Size	S, M, L, XL
Price	£31, £36, £37



# Tops 'n' Trousers



**Sleeveless Printed Velvet Top**

Design	013
Colours	31353
Size	S M. L. XL
Price	£35 £40



**Carite® Supplex Pedal Pushers**

Design	445
Colours	41 Black
Size	S M. L. XL
Price	£21 £25 £26

**Cotton Scoop Top with motif**

Design	530
Colours	44 White
Size	S. M. L. XL
Price	£14



**Luxury 2-way StretchE Capri Trousers**

Design	16387
Colours	41 Black
Size	S M. L. XL
Price	£25 £30 £31

**Luxury Velvet Square Neck Top**

Design	014
Colours	Any printed or plain velvet colours
Size	XS. S M. L. XL
Price	
Plain:	£35 £38
Printed:	£40 £45



**Carite® Supplex Athens Trousers**

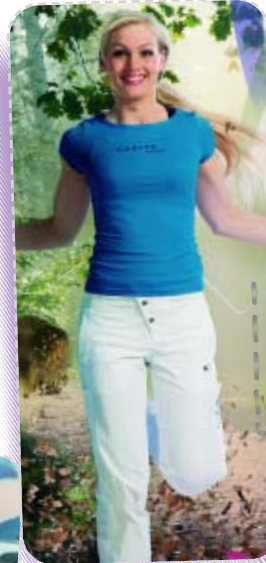
Design	450
Colours	41 Black
Size	S M. L. XL
Price	£28 £33 £34



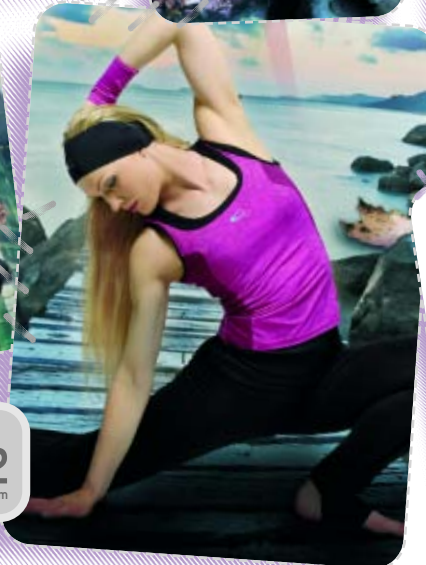
**Smooth Velvet Long Sleeve Leotard with square neck**

Design	7615
Colours	41/31353
Size	XS. S M
Price	£38 £43





Dorlastan  
Fibers



ORDER HOTLINE  
01270 627722  
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Specialist  
CariteSport Fitness  
& Leisurewear  
Separate catalogue  
available on request.  
Trade customers  
are welcome!

Carite



Carite Sport® Franco 100%  
C-Tech Top

Design	28076		
Colours	41		
Size	M. L	XL	XXL
Price	£26	£27	

Carite Sport® Franco 100%  
C-Tech Top

Design	28076		
Colours	51		
Size	M. L	XL	XXL
Price	£26	£27	



## Specialist Carite® Sport Fitness & Leisurewear

Separate catalogue  
available on request.  
Trade customers  
are welcome!



Model's own jacket

Carite Sport® Luxury  
2-Way StretchE Capri  
Trousers

Design	16387		
Colours	51		
Size	S	M. L	XL
Price	£25	£30	£31

Dorlstan  
Fibers

# Sparkly Tee Shirts & Polo Shirts



Any of the motifs on these 2 pages can be supplied to any colour tee shirt or polo shirt. Please state which motif you require and which colour & size tee shirt you require.



Colour Silver



Colour Blue/Silver



Colour Amethyst/Silver



Colour Silver



Colour Silver/Red



Colour Red/Silver



Colour Silver



Colour Silver



Any Motif Tee Shirt

Design	524
Colour	14 Fuchsia
Price	£13



Any Motif Tee Shirt

Design	524
Colour	29 Pale Pink
Price	£13

100% Cotton Lady Fit Polo

Design	569
Colour	Aqua & Rose Pink
Sizes	XS, S, M, L, XL, XXL
Price	£12.00 plain £14.50 with Motif

Wide range of other colours to special order. Please enquire.



Tee Shirt material  
95% Cotton  
5% Elastane



Any Motif Tee Shirt

Design	524
Colour	297 Kiwi
Price	£13



Any Motif Tee Shirt

Design	524
Colour	40 Navy Blue
Price	£13

**ORDER HOTLINE**  
**01270 627722**

Monday - Friday 9am - 4.30pm

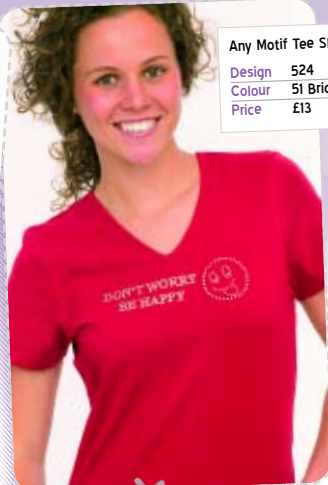
Any Motif Tee Shirt

Design 524  
 Colour 44 White  
 Price £13

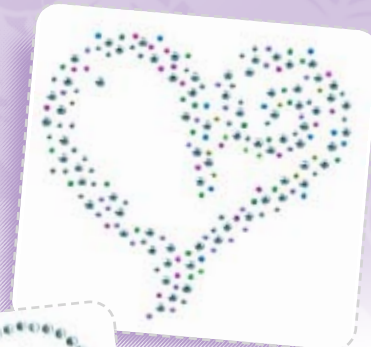


Any Motif Tee Shirt

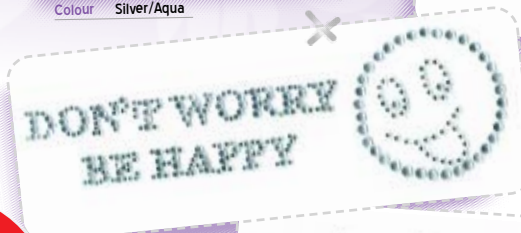
Design 524  
 Colour 51 Brick Red  
 Price £13



Colour Silver/Aqua



Colour Multi-coloured



Colour Silver



Colour Multi-coloured



Colour Red



Colour Silver

Any Motif Tee Shirt

Design 524  
 Colour 74 Chocolate  
 Price £13



Round Neck Tee Shirts are available in all these colours. Please enquire!

Tee Sizes:

S (32") L (36")  
 M (34") XL (38")  
 XXL (40")

Any Motif Tee Shirt

Design 524  
 Colour 58 Pale Blue  
 Price £13



Any Motif Tee Shirt

Design 524  
 Colour 41 Black  
 Price £13

Diamante Rhinestones (crystal effect)



Crystal, Amethyst, Black Diamond, Hyacinth, Aquamarine, Sapphire, Peridot, Jet, Light Amethyst, Emerald, Jonquil, Siam, Topaz, Cobalt.

DESIGN YOUR OWN MOTIF FOR YOUR TEAM OR DISPLAY OUTFIT!

If you require something a bit different or a personalised motif please send us a drawing of it and we will quote you accordingly!



Carita House Comfy Tee!

Design	532
Colours	29 Pale Pink
Size	12, 14, 16, 18
Price	£13



Any of our sparkly or printed motifs can be applied. Please advise when ordering!

Teams • Displays • Specials

## Personalise your outfits for your Big Day!

Carita House Comfy Tee!

Design	532
Colours	41 Black
Size	12, 14, 16, 18, 20
Price	£13



Design 532 Sizes

12 (34")	14 (36")
16 (38")	18 (40")
20 (42")	

Carita House Comfy Tee!

Design	532
Colours	14 Fuchsia
Size	12, 14, 16, 18
Price	£13



100% Combed Cotton Single Jersey



### TEAMS & DISPLAYS

We can make any design diamante motif for your team outfits. Names/Logos/Patterns/Numbers - the choice is yours! Just send us a drawing of how you would like your motif to look and we will do a computer generated sample and quote you accordingly.

ORDER HOTLINE

01270 627722

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# Tees & Trousers



**Spaghetti Strap Tee with built-in support bra**

Design	531
Colours	72 Turquoise
Size	S, M, L, XL
Price	£12

**Carlite® Supplex Athens Trousers**

Design	450
Colours	41 Black
Size	S M, L XL
Price	£28 £33 £34

**Design 531 Sizes**

- S (31-33")
- M (34-36")
- L (37-39")
- XL (40-42")



**V-Neck Tee**

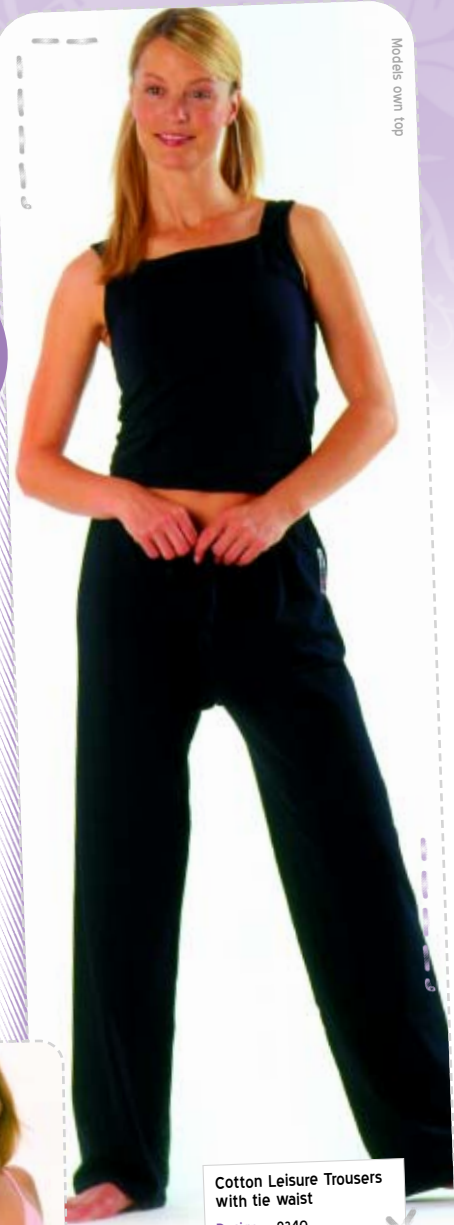
Design	524
Colours	14 Fuchsia
Size	S, M, L, XL, XXL
Price	£13

See page 4-5 for this item!

For all available Leggings & Trousers see pages 22-23

**Cotton Jazz/Rock Pants**

Design	8540
Colours	40 Navy
Size	S M, L XL
Price	£24 £28 £29



Models own top

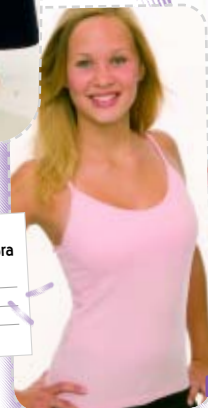
**Cotton Leisure Trousers with tie waist**

Design	9340
Colours	41 Black
Size	S M, L XL
Price	£25 £30 £31



**Spaghetti Strap Tee with built-in support bra**

Design	531
Colours	14 Fuchsia
Size	S, M, L, XL
Price	£12



**Spaghetti Strap Tee with built-in support bra**

Design	531
Colours	29 Pale Pink
Size	S, M, L, XL
Price	£12





The printed vertical motifs on this page can be applied to any colour tee shirt shown on pages 4 & 5. Just choose your tee shirt colour and let us know which colour vertical motif you require!



**Printed V-Neck Tee Shirt.**  
95% Cotton / 5% Elastane

Design	524PW
Colours	41 Black
Size	S. M. L. XL. XXL
Price	£13



**Printed V-Neck Tee Shirt.**  
95% Cotton / 5% Elastane

Design	524PN
Colours	29 Pale Pink
Size	S. M. L. XL. XXL
Price	£13



**Cotton Scoop Neck Tee with sparkly motif!**

Design	530
Colours	41 Black or 44 White
Size	S. M. L. XL
Price	£14



**Printed Sleeveless Tee Shirt.**  
95% Cotton / 5% Elastane

Design	525PB
Colours	44 White
Size	S. M. L. XL. XXL
Price	£12



**Printed V-Neck Tee Shirt.**  
95% Cotton / 5% Elastane

Design	524PR
Colours	41 Black
Size	S. M. L. XL. XXL
Price	£13

**Tee Sizes:**  
S (32") L (36")  
M (34") XL (38")  
XXL (40")

**Supplex Jazz Pants**

Design	408
Colours	41 Black
Size	S M L XL
Price	£26 £30 £31



**Carite<sup>®</sup> Supplex Pedal Pushers**

Design	445		
Colours	41 Black 40 Navy 59 Electric Blue		
Size	S	M L	XL
Price	£21	£25	£26

29/41 Pale Pink/Black      58/40 Pale Blue/Navy      41/44 Black/White



**Super Soft Camisole Top with contrast side panels. 93% Meryl / 7% Elastane**

Design	TT08		
Colours	As illustrated		
Size	S (32")	M (34")	L (36") XL (38")
Price	£16		£17



**Super Soft Crop Top with scoop neck & cutaway back detail. 93% Meryl / 7% Elastane**

Design	TT01		
Colours	As illustrated		
Size	S (32")	M (34")	L (36") XL (38")
Price	£16		£17



**Cotton Jazz/Rock Pants with side stripe**

Design	8587		
Colours	41/44		
Size	S	M L	XL
Price	£26	£31	£32



**ORDER HOTLINE**

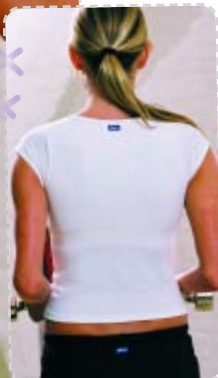
**01270 627722**

Monday - Friday 9am - 4.30pm



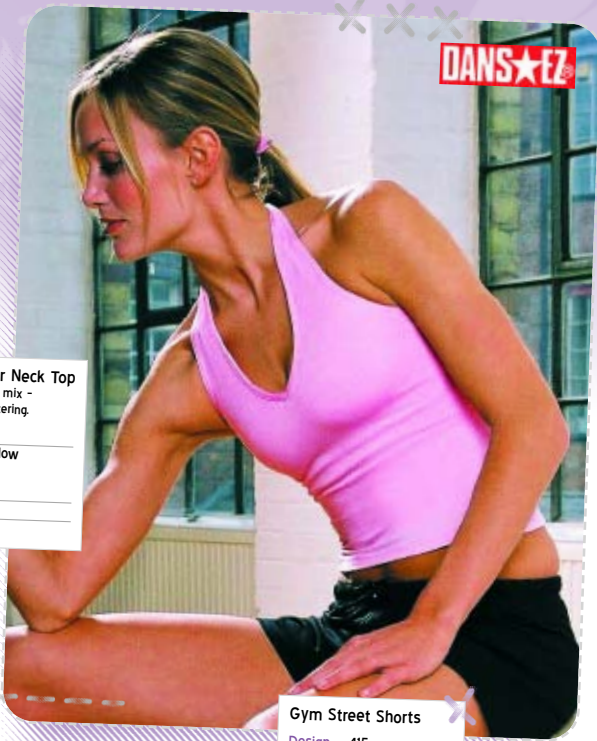
**Mock Cross Over Tee**  
 This top flatters your shape whilst its Secret Support System holds you snugly in. Great for Yoga/Gym/Street it's made from a natural Cotton/Poly/Lycra mix.

Design	303
Colours	82 - Bubblegum 41 - Black 44 - White
Size	S, M, L
Price	£30



**Secret Support Halter Neck Top**  
 A natural Cotton/Poly/Lycra mix - this top is versatile and flattering.

Design	204
Colours	29 - Marshmallow 41 - Black 44 - White
Size	S, M, L
Price	£23.50



**Gym Street Shorts**

Design	415
Colour	41 Black
Size	S, M, L
Price	£22.50



Design 204





**Irresistible and Reversible Halter Neck Top.**  
Made in Dans-**ez**' famous stretchy figure supporting Dry Tech™ Cotton Poly/Lycra™ that wicks perspiration away and allows your skin to breathe.

Design	501
Colours	40/58 - Navy/Sky 41/82 - Black/Bubblegum Pink
Size	S, M, L
Price	£26.50

The famous Dans-**ez**® internationally patented Minimal Bounce Bra®

has been uniquely adapted for use with most heart rate transmitters such as Polar and CardioSport.

Design	HRM BB
Colours	41 Black 44 White
Size	S, M, L, XL, XXL
Price	£24 £25.50

- ★ Quick & easy fitting of transmitter.
- ★ Transmitter held firmly in position by bra.
- ★ Unique cupless design minimises painful breast bounce and nipple soreness.
- ★ Dans-**ez**® supportive and comfortable Dry Tech™ fabric wicks perspiration and allows your skin to breath naturally.



The famous Dans-**ez** Minimal Bounce Bra® is unique because it is the only sports bra that is internationally patented. This amazing bra's cupless design comfortably and very effectively minimises painful breast bounce and its incredible support system helps reduce the irreversible stretching of Cooper's ligaments as well as painful nipple soreness.

Made from Dans-**ez**'s exclusive moisture wicking Cotton/Poly/Lycra™ it is supportive and extremely comfortable.



Dans-**ez**® Minimal Bounce Bra®

Design	1550
Colours	41 Black 44 White
Size	S, M, L, XL, XXL
Price	£23 £24.50



Dans-**ez**® More Shape Bra

Design	1551
Colours	41 Black 44 White
Size	S, M, L, XL, XXL
Price	£24 £25.50

★ Dans-**ez** Size Guide

Dans- <b>ez</b> SMALL	UK 8-10	32-34"	A/B cup	Hips up to 34"
Dans- <b>ez</b> MEDIUM	UK 10-12	34-36"	B/C cup	Hips 34-38"
Dans- <b>ez</b> LARGE	UK 12-14	36-38"	C/D cup	Hips 38-42"
Dans- <b>ez</b> XL	UK 14/16	38-40"	D/DD cup	Hips 42-45"
Dans- <b>ez</b> XXL	UK 16/18	40-42"	DD/E cup	

★ Dans-**ez** Special Collection

See our website [www.caritahouse.com](http://www.caritahouse.com) for the full range of specialist Dans-**ez** gym wear.



**ORDER HOTLINE**  
**01270 627722**  
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40 Navy      41 Black      76 Red

Luxury Velvet Jacket with full length zip

Design 6518A

Colour As illustrated  
All other Italian velvet colours to Special Order

Size	XS, S	M, L	XL
Price	£33	£38	£39

41 Black      42 Royal Blue      76 Red      40 Navy

Cotton Jazz/Rock Pants

Other Italian cotton colours to Special Order

Design 8540

Colours As illustrated

Size	XS, S	M, L	XL
Price	£24	£28	£29

## MOTIFS

A sparkly motif of your choice can be applied to these jackets if required. Please enquire!



**ORDER HOTLINE**  
**01270 627722**

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**Silkskin Long Sleeve Leotard with ruffled neck**

Design	733
Colours	41 Black
Size	XXS, XS, S M, L
Price	£22 £25

Also available to Special Order in all other silkskin colours - No minimum!



**Silkskin Cap Sleeve Leotard with identical back**

Design	7089
Colours	41/508
Size	S M, L XL
Price	£28 £33 £34

**Supplex Short Sleeved Leotard**

Design	423
Colours	41 Black
Size	S M, L
Price	£22 £24



**V Neck Silkskin Leotard**

Design	734
Colours	41 - Black
Size	S M, L XL
Price	£25 £28 £29

Also available to Special Order in all Silkskin colours - No minimum!



**Silkskin Short Sleeved Leotard with ruffled neck**

Design	732
Colours	41 Black
Size	S M, L XL
Price	£21 £24 £25

Also available to Special Order in all other silkskin colours - No minimum!



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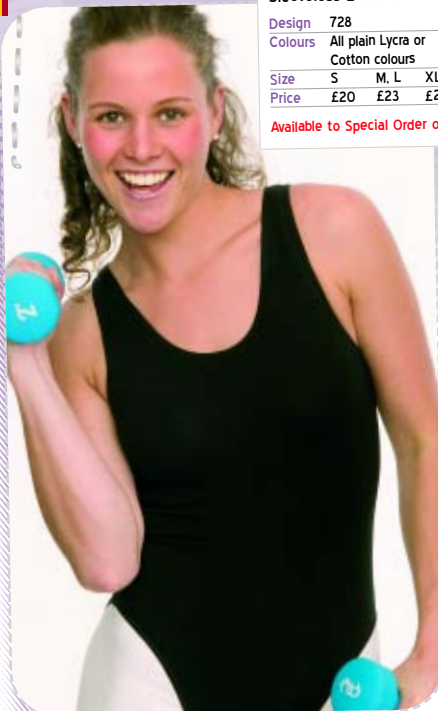
Monday - Friday 9am - 4.30pm

# Tops 'n' Trousers



**Ribskin Cap Sleeve Leotard**

Design	89141		
Colours	59 Royal Blue		
Size	S	M. L	XL
Price	£25	£27	£28



**Sleeveless Leotard**

Design	728		
Colours	All plain Lycra or Cotton colours		
Size	S	M. L	XL
Price	£20	£23	£24

Available to Special Order only



**3 Button Cotton Cap Sleeve Leotard**

Design	7989		
Colours	40 Navy or 41 Black		
Size	S	M. L	XL
Price	£25	£27	£28

For all Accessories see pages 72-78



**Ribskin Cap Sleeve Leotard**

Design	89141		
Colours	62 Purple		
Size	S	M. L	XL
Price	£25	£27	£28



**Ribskin Cap Sleeve Leotard**

Design	89141		
Colours	31 Jade Green		
Size	S	M. L	XL
Price	£25	£27	£28



**Cotton Long Sleeve Leotard**

Design	8100		
Colours	All Italian Cotton colours		
Size	S	M. L	XL
Price	£21	£24	£25

Available to Special Order only



**Cotton Short Sleeve Leotard**

Design	8124		
Colours	All Italian Cotton colours		
Size	S	M. L	XL
Price	£20	£23	£24

Available to Special Order only



**Printed Silkskin Short Sleeve Leotard**

Design	7056		
Colours	30561		
Size	S	M, L	XL
Price	£29	£34	£35



**Printed Silkskin Leotard with plain back**

Design	7043		
Colours	41/30332		
Size	M, L	XL	
Price	£27	£28	



**Velvet Leotard with Glitz Inset - identical back**

Design	7424		
Colours	41/A0106		
Size	M, L	XL	
Price	£37	£38	



**Silkskin Cap Sleeve Leotard with identical back**

Design	7089		
Colours	41/A0075		
Size	M, L	XL	
Price	£33	£34	



**Printed Inset Velvet Leotard with identical back**

Design	7499		
Colours	41/31424		
Size	S	M, L	XL
Price	£33	£38	£39



**Sleeveless Velvet Leotard**

Design	7421		
Colours	A0107		
Size	M, L	XL	
Price	£29	£30	



## Sleeveless Velvet Leotard

Design	7423
Colours	41 Black
Size	M. L. XL
Price	£23 £24



## Plain Velvet Short Sleeve Leotard

Design	7404
Colours	40 Navy Blue
Size	S M. L. XL
Price	£25 £27 £28



## Plain Short Sleeve Velvet Leotard

Design	7404
Colours	41 Black
Size	S M. L. XL
Price	£25 £27 £28



## Velvet Cap Sleeve Leotard

Design	7402
Colours	40 Navy Blue
Size	S M. L. XL
Price	£25 £27 £28



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## Velvet Cap Sleeve Leotard

Design	7402
Colours	59 Royal Blue
Size	S M. L. XL
Price	£25 £27 £28



## Velvet Cap Sleeve Leotard

Design	7402
Colours	62 Purple
Size	S M. L. XL
Price	£25 £27 £28





**Printed Shimmer Velvet Cap Sleeve Leotard**

Design	7401
Colours	A0106
Size	S M L XL
Price	£33 £38 £39



**Printed Velvet Cap Sleeve Leotard**

Design	7401
Colours	31351
Size	S M L XL
Price	£33 £38 £39



**Printed Shimmer Velvet Cap Sleeve Leotard**

Design	7401
Colours	A0105
Size	S M L XL
Price	£33 £38 £39



**Printed Velvet Cap Sleeve Leotard**

Design	7401
Colours	32008
Size	S M L XL
Price	£33 £38 £39



**Printed Velvet Cap Sleeve Leotard**

Design	7401
Colours	31424
Size	S M L XL
Price	£33 £38 £39

**Printed Shimmer Velvet Cap Sleeve Leotard**

Design	7401
Colours	A0134
Size	S M L XL
Price	£33 £38 £39



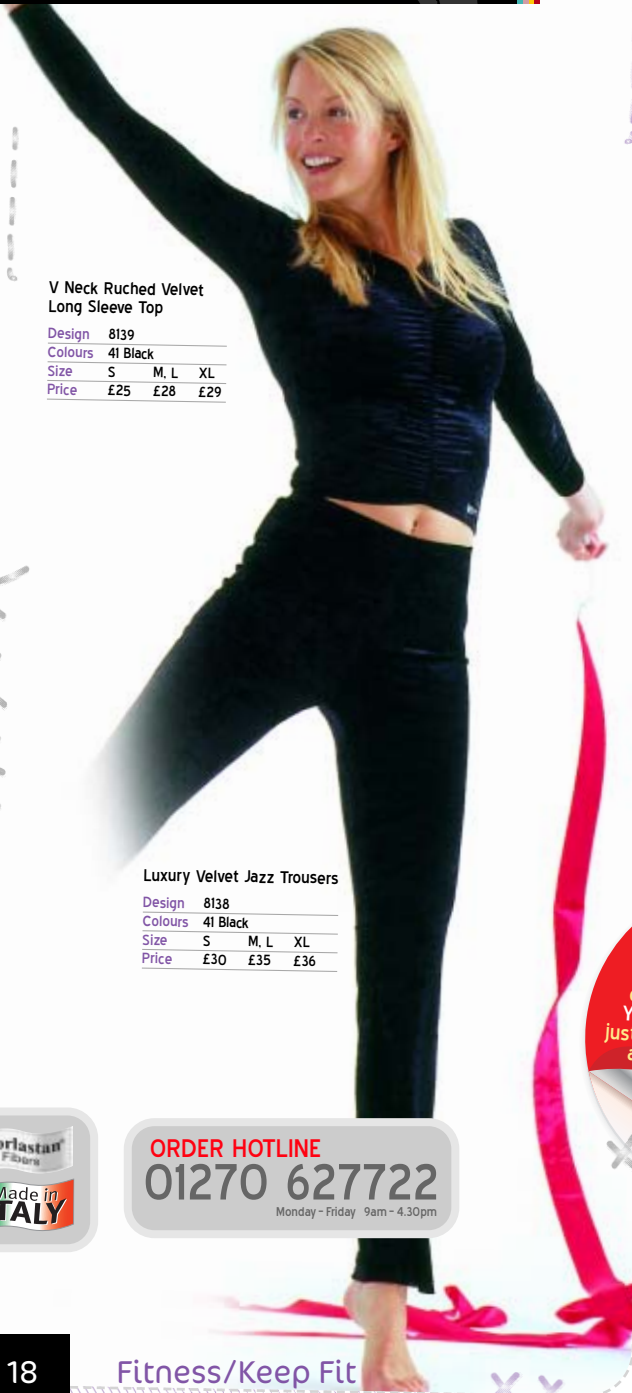
**Printed Velvet Cap Sleeve Leotard**

Design	7401
Colours	31924
Size	S M L XL
Price	£33 £38 £39



For all  
Leggings  
see pages  
22-23

# Luxury Black Velvet



V Neck Ruched Velvet Long Sleeve Top

Design	8139		
Colours	41 Black		
Size	S	M, L	XL
Price	£25	£28	£29

Luxury Velvet Jazz Trousers

Design	8138		
Colours	41 Black		
Size	S	M, L	XL
Price	£30	£35	£36



Made in ITALY

ORDER HOTLINE

01270 627722

Monday - Friday 9am - 4.30pm



Silkskin/Velvet Glitz Cap Sleeve Leotard with identical back

Design	7089	
Colours	41/31750	
Size	M, L	XL
Price	£33	£34

All Leotards/Trousers/Catsuits/Tops can be made to Special Order in your own team colours! We can also make YOUR OWN DESIGN outfits... just send us a drawing showing as much detail as possible and we will quote you accordingly.



# Special Catsuits

## Carita House Swatches

We have a huge range of swatches available for Special Order outfits. Only a selection are shown here but there are more! Please advise which colourways you are interested in and we can send you swatches to look at!



Long Sleeve Round Neck Catsuit

Design	796
Size	XS. S. M. L. XL
Price	Please enquire



Long Sleeve Velvet Catsuit with flared legs

Design	011
Size	XS. S. M. L. XL
Price	Please enquire

All the catsuits on this page are available to **Special Order** in any of the materials and colours in this catalogue.

**There is NO MINIMUM order!**

Delivery approx 6-8 weeks.  
Prices on request.

**TEAMS CLUBS**

We can make ANY design catsuit to **SPECIAL ORDER!** If you have a specific design you require please send us a drawing and we will quote you accordingly.

We are here to help you!



Sleeveless Catsuit

Design	798
Size	XS. S. M. L. XL
Price	£29 £34





### Special Theatre Top

Design	7165
Colours	All colours available
Size	XS, S, M, L, XL
Price	Please enquire

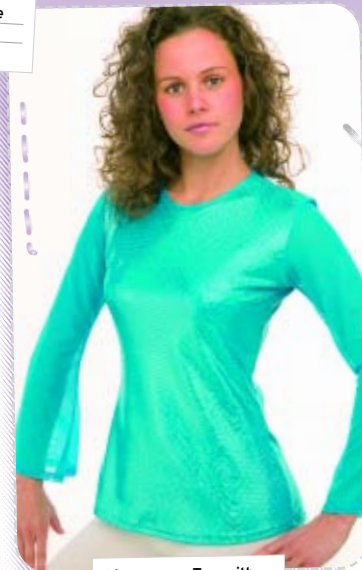
### Tactel Trousers

Design	1455
Colours	41, 20 & 140
Size	S M L XL
Price	£26 £31 £32



### Cross Over Velvet Top

Design	9040
Colours	All Velvet colours available
Size	S, M, L, XL
Price	Please enquire



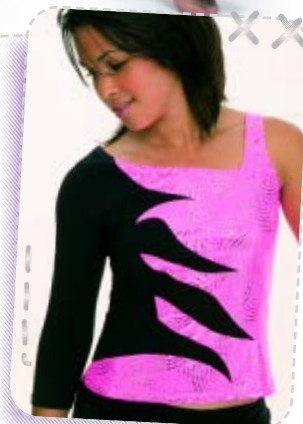
### Glamorous Top with loose sleeves

Design	7119
Colours	All Silkskin / Glitz colours available
Size	XS, S, M, L, XL
Price	Please enquire

All the tops on this page are available to **Special Order** in any of the colours from the inside back cover colour chart and any Glitz/Patterned materials shown in the catalogue

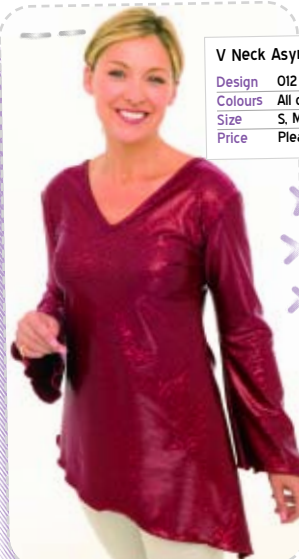
**There is NO MINIMUM order!**

Delivery approx 6-8 weeks.



### V Neck Asymmetric Top

Design	012
Colours	All colours available
Size	S, M, L, XL
Price	Please enquire



### Glamorous Top with loose sleeves

Design	7119
Colours	All Silkskin / Glitz colours available
Size	XS, S, M, L, XL
Price	Please enquire



Prices for all these tops on request. Please advise which design and materials that you require and we will quote you accordingly.

**Discounts Available for Team Orders!**



# Special Order Skirts

All the skirts on this page are available to **Special Order** in any of the colours from the colour chart on the inside back cover.

**There is NO MINIMUM order!**

Available in sizes XXS, XS, S, M, L, XL



**Silkskin Skirt with inner lining**

Design	8554
Colours	All Silkskin colours
Size	XXS, XS, S, M, L, XL
Price	Please enquire



**Special Ruched Dance Skirt**

Design	8580
Colours	All Silkskin colours
Size	XXS, XS, S, M, L, XL
Price	Please enquire



**Long Dance Skirt**

Design	8579
Colours	All Silkskin colours
Size	XXS, XS, S, M, L, XL
Price	Please enquire



**Full Circle Silkskin Skirt**

Design	439
Colours	All Silkskin colours
Size	XXS, XS, S, M, L, XL
Price	Please enquire



**Special Bias Cut Skirt**

Design	8577
Colours	All Silkskin colours
Size	XXS, XS, S, M, L, XL
Price	Please enquire

**Silkskin Ruffle Skirt**

Design	8576
Colours	All Silkskin colours
Size	XXS, XS, S, M, L, XL
Price	Please enquire



**Silkskin Dance Skirt**

Design	8578
Colours	All Silkskin colours
Size	XXS, XS, S, M, L, XL
Price	Please enquire

Prices for all these skirts on request. Please advise which design and materials that you require and we will quote you accordingly.

**Discounts Available for Team Orders!**



**ORDER HOTLINE**  
**01270 627722**  
Monday - Friday 9am - 4.30pm

Fitness/KeepFit

# Carita House Leggings

41 Black




**Silkskin Capri 3/4 Tights**

Design 713  
 Colours As illustrated  
 Size XXS, XS, S M, L  
 Price £17.50 £19.50

All other Italian Silkskin colours to Special Order

31 Jade Green    40 Dark Navy    41 Black    62 Purple (No S size)    72 Turquoise (No S size)



**Carite® Silkskin Footless Tights**

Design 705  
 Colours As illustrated  
 Size S M, L XL  
 Price £21.50 £24.50 £25.50

All other Italian Silkskin colours to Special Order

41 Black

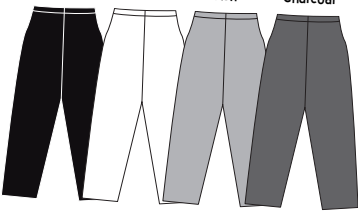


**Carite® Silkskin Half Footed Tights**

Design 716  
 Colours As illustrated  
 Size S M, L  
 Price £22 £25

All other Italian Silkskin colours to Special Order

41 Black    44 White    35 Ash    39 Charcoal




**Cotton Capri 3/4 Tights**

Design 913  
 Colours As illustrated  
 Size S M, L XL  
 Price £15.50 £17.50 £19.50

All other Italian Cotton colours to Special Order

41 Black    44 White    35 Ash    39 Charcoal    40 Navy



**Cotton Footless Tights**

Design 912  
 Colours As illustrated  
 Size S M, L XL  
 Price £17.50 £19.50 £21.50

All other Italian Cotton colours to Special Order

**porlastan** Fibres

41 Black




**Velvet Capri Leggings**

Design 8204  
 Colours 41 from Stock  
 Size XXS, XS, S M, L XL  
 Price £21 £24 £25

All other Italian Velvet colours to Special Order

41 Black    59 Electric Blue    40 Navy Blue



**Suplex Pedal Pushers**

Design 445  
 Colours As illustrated  
 Size S M, L XL  
 Price £21 £25 £26

73/74 (L, XL Only)    78/77 (M, L, XL Only)    41/79 (M, L Only)




**Carite® Sport Tactel Piped Trousers**

Design 3450  
 Colours As illustrated  
 Size M, L, XL  
 Price £35

**ORDER HOTLINE**  
**01270 627722**  
 Monday - Friday 9am - 4.30pm

# Carita House Leggings

41 Black



**Carite® Supplex Jazz Trousers**

Design	408
Colours	41 Black
Size	S M L XL
Price	£26 £30 £31

41 Black



**Carite® Supplex Athens Trousers**

Design	450
Colours	41 Black
Size	S M L XL
Price	£28 £33 £34

41 Black



**Luxury Velvet Jazz Pants**

Design	8138
Colours	41 Black
Size	S M L XL
Price	£30 £35 £36

Other Italian Velvet colours available to Special Order

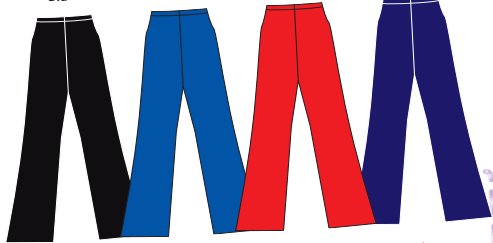
41 Black



**Tactel Trousers**

Design	1455
Colours	41 Black
Size	S M L XL
Price	£26 £31 £32

41 Black 42 Royal Blue 76 Red 40 Navy



**Cotton Jazz/Rock Pants**

Other Italian Cotton colours to Special Order

Design	8540
Colours	As illustrated
Size	XS S M L XL
Price	£24 £28 £29

41 Black 39 Charcoal Grey 35 Ash Grey 40 Dark Navy




**Cotton Leisure Trousers with tie waist**

Other Italian Cotton colours to Special Order

Design	9340
Colours	As illustrated
Size	XS S M L XL
Price	£25 £30 £31

Footless Shimmer Tights

Design	7115
Colours	Light Toast
Size	A / B C / D
	Petite/Small Medium/Large
Price	£12.50 £13.50



Stirrup Footed Shimmer Tights

Design	7116
Colours	Light Toast
Size	A - Petite C - Medium
	B - Small D - Large
Price	£13 £14.50

39 Charcoal Grey 35 Ash Grey



**Carite® Superstretch Cotton Bikers**

Design	9163
Colours	As illustrated
Size	S M L
Price	£12.50 £14.50


41 Black



**Carite® Sport Supplex Dance Trousers**

Design	440
Colours	51/41
Size	L Only
Price	£35

41 Black 44 White



**Carite® Cotton Bikers**

Design	915
Colours	As illustrated
Size	S M L XL
Price	£14 £16 £18





porlastan  
Fibres

Made in  
ITALY



Smooth Velvet/Glitz Long Sleeve Leotard with leaf detail on front

Design	7601
Colour	41/166/157
Size	XS, S, M
Price	£43 £49

Smooth Velvet Streamers Long Sleeve Leotard with back detail

Design	7605
Colour	41/157/161
Size	XS, S, M
Price	£43 £49

Smooth Velvet Sleeveless Ribbons Leotard

Design	7612
Colour	41/157/156
Size	XS, S, M
Price	£33 £38

**SIZES XXS & L**  
Leotard Sizes XXS & L are available to Special Order only (unless otherwise stated)

Velvet Jacket with full length zip

Design	6518A
Colour	41
Size	XS, S, M, L, XL
Price	£33 £38 £39

Available to Special Order in all velvet colours. Diamante motif of your choice is extra - please enquire



Velvet Jazz Pants

Design	8138
Colour	41
Size	XXS, XS, S, M, L
Price	£30 £35

Available to Special Order in all velvet colours

For all Carita House R.G. Equipment please see pages 73-75

# Girls' Gym Leotards



Smooth Velvet Long Sleeve Glacier Leotard with scoop back

Design	7607
Colour	41/159/156
Size	XS S M
Price	£45 £49



Smooth Velvet Square Neck Holographic Sleeve Leotard

Design	7615
Colour	40/32036
Size	XS S M
Price	£38 £43



Smooth Velvet/Glitz Long Sleeve Satellite Leotard with plain keyhole back

Design	7701
Colour	40/160/156
Size	XS S M
Price	£43 £49

Smooth Glitz Velvet Long Sleeve Glacier Leotard with scoop back

Design	7607
Colour	207/163/40
Size	XS S M
Price	£45 £49



Smooth Velvet Streamers Long Sleeve Leotard with back detail

Design	7605
Colour	40/160/156
Size	XS S M
Price	£43 £49



## CARITA HOUSE TRACKSUITS

Please see pages 58-60 for special tracksuits!



**Carita**  
House

Middlesex Tracksuit

Back View Side View



ORDER HOTLINE  
**01270 627722**

Monday - Friday 9am - 4.30pm



Long Sleeve Smooth Velvet/Sparkly Net Leotard

Design	7700
Colour	41/A036/112
Size	XS, S M
Price	£40 £45

Skirt separate.  
See page 43



Smooth Velvet / Net Long Sleeve Leotard with scoop back

Design	7604
Colour	41/614/121
Size	XS, S M
Price	£39.50 £45



Smooth Velvet/Glitz Cross-Over Back Leotard

Design	7608
Colour	41/161
Size	XS, S M
Price	£35 £39



**SIZES XXS & L**  
Leotard sizes XXS & L are available to Special Order only (unless otherwise stated)

Long Sleeve Smooth Velvet/Sparkly Net Leotard

Design	7700
Colour	40/156/082
Size	XS, S M
Price	£40 £45



Patterned Tulle/Net Skirt without briefs

Design	857ORF
Colour	Various colours
Size	XXS, XS, S M, L
Price	£18 £21



Smooth Velvet/Net Sleeveless Leotard with scoop back

Design	7604S
Colour	41/614/121
Size	XS, S M
Price	£36 £43

To Special Order only



Light Lycra Skirt with envelope opening. Briefs separate.

Design	8248
Colour	All Silkskin colours
Size	XXS, XS, S M, L
Price	£16 £18.50





Velvet Sleeveless Leotard with glitz zig zag

Design	7211
Colour	40/30611/31886
Size	XS S M
Price	£35 £40



Velvet Sleeveless Leotard with glitz zig zag

Design	7211
Colour	41/161/156
Size	XS S M
Price	£35 £40



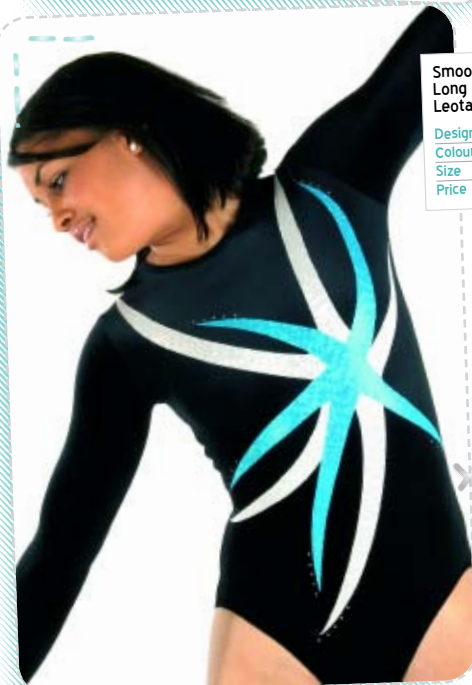
Smooth Velvet/Glitz Long Sleeve Peak Leotard with back detail

Design	7602
Colour	40/163/156
Size	XS S M
Price	£43 £49



Smooth Velvet/Glitz Sleeveless Peak Leotard with back detail

Design	7602S
Colour	40/163/156
Size	XS S M
Price	£36 £42.50



Smooth Velvet/Glitz Long Sleeve Satellite Leotard with Back Detail

Design	7701
Colour	41/164/156
Size	XS S M
Price	£47 £55



Smooth Velvet/Glitz Long Sleeve Peak Leotard with back detail

Design	7602
Colour	41/156/160
Size	XS S M
Price	£43 £49



Smooth Velvet/Glitz Sleeveless Peak Leotard with back detail

Design	7602S
Colour	41/156/160
Size	XS S M
Price	£36 £42.50

**Crushed Velvet/Glitz Sweetheart Neck Long Sleeve Leotard**

Design	7182
Colour	53/A0028
Size	XS, S, M
Price	£33 £38



**Smooth Velvet/Glitz Square Neck Long Sleeve Leotard**

Design	7615
Colour	40/A0156
Size	XS, S, M
Price	£38 £43



## BOYS LEOTARDS

All the boys' leotards on pages 51-54 can be made in colours to match the girls' leotards.

We can also make all the girls' designs as boys' leotards if you wish to have a matching outfit.

See special order information on page 46



All of the leotards shown in the catalogue can be made to SPECIAL ORDER in any of the colours shown on the inside back cover colour chart or any of the glitz materials shown in the catalogue. Please see page 47 for special order information.



"At-a-Glance" Colour reference chart  
Full range of colours available on inside back cover.



**Crushed Velvet/Glitz Square Neck Long Sleeve Leotard**

Design	7615
Colour	48/156
Size	XS, S, M
Price	£38 £43



**Long Sleeve Crushed Velvet/Glitz Leotard**

Design	7700
Colour	53/A0036
Size	XS, S, M
Price	£40 £45





Smooth Velvet/Glitz  
Leotard with keyhole back

Design	7611
Colour	41/157
Size	XS, S M
Price	£39.50 £45



Smooth Velvet/Glitz  
Leotard with keyhole back

Design	7611
Colour	40/160
Size	XS, S M
Price	£39.50 £45



Smooth Velvet/Glitz Sleeveless  
Leotard with keyhole back

Design	7613
Colour	41/157
Size	XS, S M
Price	£33 £38



Smooth Velvet/Glitz Sleeveless  
Leotard with keyhole back

Design	7613
Colour	40/160
Size	XS, S M
Price	£33 £38



Smooth Glitz Velvet  
Leotard with keyhole back

Design	7611
Colour	208/156
Size	XS, S M
Price	£39.50 £45



Smooth Glitz Velvet  
Leotard with keyhole back

Design	7611
Colour	207/71
Size	XS, S M
Price	£39.50 £45



Smooth Glitz Velvet Sleeveless  
Leotard with keyhole back

Design	7613
Colour	209/156
Size	XS, S M
Price	£33 £38



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## SPECIAL DIAMANTÉS

Diamantés in various colours can be applied to any of our stock leotards. Please contact us with details and we can quote you accordingly.

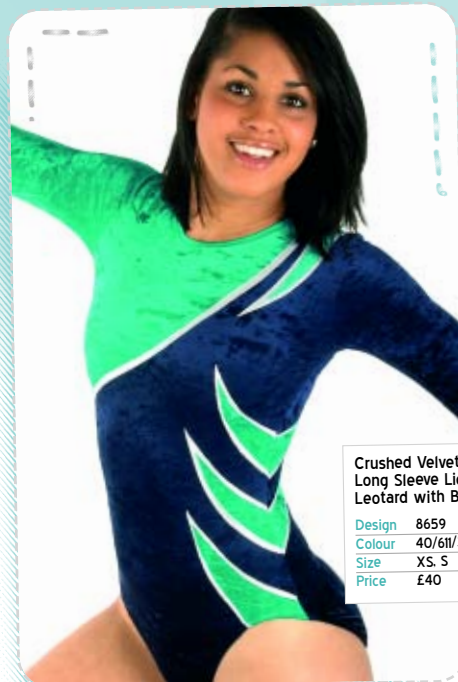
**SPECIAL ORDERS**  
All our catalogue leotards can be made in your own club, team or school colours. See page 47

**SIZES XXS to L**  
Leotard Sizes XXS & L are available to Special Order only (unless otherwise stated)



Smooth Velvet/Glitz Sleeveless Lightning Leotard with scoop back

Design 8659S  
Colour 40/611/A139  
Size XS S M  
Price £38 £43



Crushed Velvet/Glitz Long Sleeve Lightning Leotard with Back Detail

Design 8659  
Colour 40/611/31  
Size XS S M  
Price £40 £45

Velvet/Glitz Long Sleeve Leotard with keyhole neck

Design 7419A  
Colour 41/A0105  
Size XS S M  
Price £39 £45



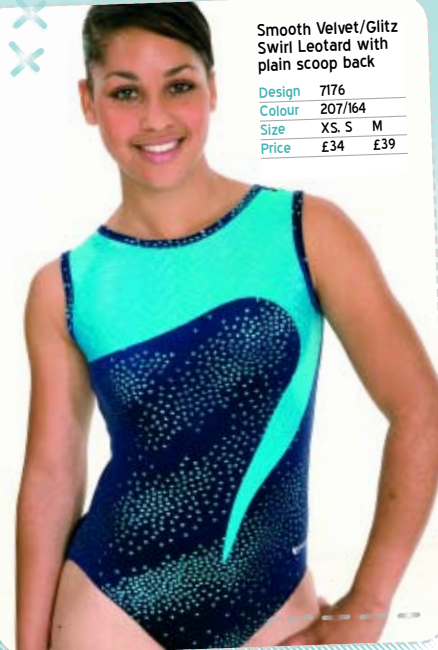
Smooth Velvet/Glitz Sleeveless Lightning Leotard with scoop back

Design 8659S  
Colour 41/156/A158  
Size XS S M  
Price £38 £43



Smooth Velvet/Glitz Long Sleeve Lightning Leotard with Back Detail

Design 8659  
Colour 41/A156/72  
Size XS S M  
Price £40 £45



Smooth Velvet/Glitz Swirl Leotard with plain scoop back

Design	7176
Colour	207/164
Size	XS, S M
Price	£34 £39



Smooth Velvet/Glitz Swirl Leotard with plain scoop back

Design	7176
Colour	208/159
Size	XS, S M
Price	£34 £39



Crushed Velvet/Glitz Swirl Leotard with plain scoop back

Design	7176
Colour	62/A156
Size	XS, S M
Price	£34 £39

Smooth Velvet/Velvet Glitz Long Sleeve Leotard

Design	8957
Colour	40/207
Size	XS, S M
Price	£40 £45



Smooth Velvet/Velvet Glitz Long Sleeve Leotard

Design	8957
Colour	75/208
Size	XS, S M
Price	£40 £45

Crushed Velvet Surf Leotard with Back Detail

Design	8689
Colour	41/31880/72
Size	XS, S M
Price	£45 £49



# Girls' Gym Leotards



**Crushed Velvet Long Sleeve Scroll Leotard**  
 Design 7410  
 Size XXS, XS, S M, L  
 Price £40 £45

To special order in any velvet colour combination  
 No Minimum!



**Smooth Velvet Sleeveless Leotard with glitz insets**

Design 8968  
 Colour 40/159  
 Size XS, S M  
 Price £30 £35



**Velvet Leotard with printed velvet sleeves**

Design 7417  
 Colour 40/611/31443  
 Size XXS, XS, S M, L  
 Price £40 £45



**Velvet Scroll Leotard with back detail**

Design 7410  
 Colour 40/31884  
 Size XS, S M  
 Price £40 £45



**Smooth Velvet Sleeveless Leotard with Glitz Insets**

Design 8968  
 Colour 40/A0164  
 Size XS, S M  
 Price £30 £35

**SIZES XXS**  
 Leotard Sizes XXS & L are available to Special Order only (unless otherwise stated)

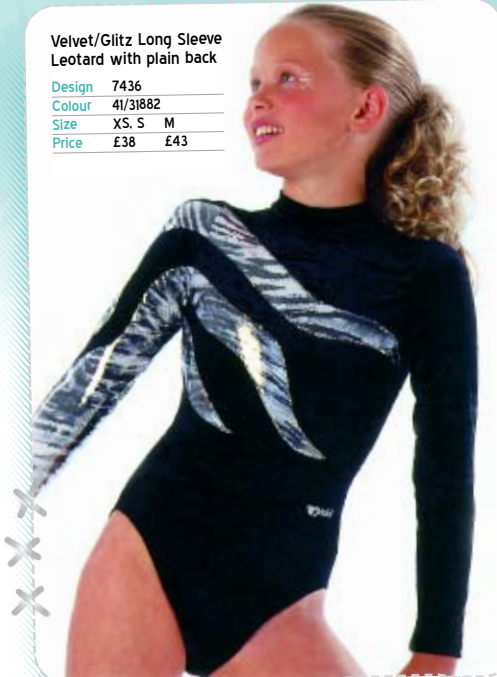


**Velvet/Glitz Leotard with zip back**

Design 7046  
 Colour 40/611  
 Size XS, S M  
 Price £35 £39

Velvet/Glitz Long Sleeve  
Leotard with plain back

Design	7436
Colour	41/31882
Size	XS, S M
Price	£38 £43



Velvet/Glitz Long Sleeve  
Leotard with plain back

Design	7436
Colour	44/31883
Size	XS, S M
Price	£38 £43



Velvet/Glitz Long Sleeve  
Leotard with plain back

Design	7436
Colour	40/A0005
Size	XS, S M
Price	£38 £43

Smooth Velvet/Glitz  
Long Sleeve Leotard  
with plain back

Design	7436
Colour	41/161
Size	XS, S M
Price	£38 £43



Velvet Long Sleeve Leotard  
with Glitz Zig Zag

Design	7467
Colour	40/30611/31886
Size	XS, S M
Price	£41 £46



Velvet Long Sleeve Leotard  
with Glitz Zig Zag

Design	7467
Colour	40/31494/59
Size	XS, S M
Price	£41 £46



Velvet Long Sleeve Leotard  
with Glitz Zig Zag

Design	7467
Colour	41/156/161
Size	XS, S M
Price	£41 £46

Velvet Long Sleeve  
Leotard with Glitz  
Zig Zag

Design	7467
Colour	41/156/159
Size	XS, S M
Price	£41 £46



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# Girls' Gym Leotards

Velvet & Glitz  
Sleeveless Leotard

Design	7458
Colours	41/31882/44
Size	XS. S M
Price	£32 £37



Velvet Sleeveless  
Leotard with star motif

Design	7465S
Colours	40/71
Size	XS. S M
Price	£28 £33



Velvet Sleeveless  
Leotard with star motif

Design	7465S
Colours	41/82
Size	XS. S M
Price	£28 £33



Printed Velvet Gymnastics  
Training Tee/Top

Design	7205
Colour	A0106
Size	XS. S M
Price	£23 £27



See our  
full range  
of Velvet  
GymSacs  
on page 42



Velvet & Glitz  
Sleeveless Leotard

Design	7458
Colours	40/31372/72
Size	XS. S M
Price	£32 £37

**ORDER HOTLINE**  
**01270 627722**

Monday - Friday 9am - 4.30pm

**SIZES XXS & L**  
Leotard  
Sizes XXS & L  
are available to  
Special Order only  
(unless otherwise  
stated)

**SPECIAL ORDERS**  
All our  
catalogue leotards  
can be made in  
your own club, team  
or school colours.  
See page  
47

For all  
Accessories  
see pages  
72-78

# Girls' Gym Jackets & Shorts



## SPECIAL COLOURS!

All shorties are available to special order in any of the velvet colours shown on the colour chart on the inside back cover. There is NO minimum order for special orders and delivery is approx 6 weeks.

## DIAMANTÉ MOTIFS

The GYM motif can be applied to your shorties in Silver, Pink or Orange - £3.00 extra

Your OWN NAME in Pink or Silver can be applied to your shorties - £5.00 extra

Any of the small motifs on page 65 can be applied to your shorties - £3.00 extra

Velvet Jacket with full length zip

Design	6518A
Colour	41 Black
Size	XS, S M, L XL
Price	£33 £38 £39

(Diamante motif of your choice is extra - please enquire!)



Plain Velvet Hipsters (Motif Extra)

Design	7831
Colour	40 Navy or 41 Black
Size	XXS, XS, S M, L
Price	£14.50 £17



Plain Velvet Shorties

Design	7631
Colour	40 Navy or 41 Black
Size	XXS, XS, S M, L
Price	£14.50 £17



Plain Smooth Velvet Hipsters

Design	7931
Colour	40 Navy, 41 Black or 75 Purple
Size	XXS, XS, S M, L
Price	£15 £17.50





Sleeveless Velvet/Glitz Leotard

Design	8968
Colours	41/A0105
Size	XS, S M
Price	£30 £35



Velvet Sleeveless Sun Flower Leotard

Design	7464
Colours	76/44
Size	XXS, XS, S M
Price	£30 £35



Velvet Sleeveless Leotard with back detail

Design	7470
Colours	41/44
Size	XS, S M
Price	£26 £31



Smooth Velvet/Glitz Sleeveless Leotard

Design	8968
Colours	41/161
Size	XS, S M
Price	£30 £35



Velvet & Glitz Sleeveless Leotard

Design	7185
Colours	41/31355
Size	XS, S M
Price	£36 £41



Smooth Velvet/Glitz Leotard with inset front and back

Design	7172
Colours	41/156/161
Size	XS, S M
Price	£35 £40

Sleeveless Smooth  
Velvet/Glitz Spirit  
Leotard with back detail

Design	8654S
Colour	41/156/160
Size	XS S M
Price	£38 £44

Smooth Velvet/Glitz  
Cross-Over Back Leotard

Design	7608
Colour	40/164
Size	XS S M
Price	£35 £39



Velvet Sleeveless Peak  
Leotard with back detail

Design	7602
Colour	59/161/156
Size	XS S M
Price	£36 £43

To Special Order only

Skirt available  
separately  
See page 43

**SPECIAL ORDERS**  
All our catalogue leotards can be made in your own club, team or school colours.  
See page 47

See our full range of Skirts on page 43

Sleeveless Crushed  
Velvet/Glitz Spirit  
Leotard with back detail

Design	8654S
Colour	33/156/40
Size	XS S M
Price	£38 £44



Smooth Velvet/Glitz  
Cross-Over Back  
Leotard

Design	7608
Colour	41/160
Size	XS S M
Price	£35 £39



## CHEERLEADERS & MAJORETTES

All our leotards can be adapted for Cheerleading. Skirts are available to match - attached or separate. See page 69 for further information

# Girls' Gym Leotards



**Velvet Long Sleeve Keyhole Leotard**  
 Design 7442  
 Colours Navy & Black from stock  
 All other colours to Special Order  
 Size XXS, XS, S M, L  
 Price £27 £31



**Velvet Sleeveless Leotard**  
 Design 7447  
 Colours 62 Purple from stock  
 All other colours to Special Order  
 Size XXS, XS, S M, L  
 Price £23 £28

Dorlaster  
 Filatura  
 Made in  
 ITALY

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14 - Fuchsia      31 - Jade Green      34 - Mango      35 - Silver Grey



39 - Charcoal Grey      40 - Navy Blue      41 - Black      44 - White      48 - Bottle Green



53 - Claret      58 - Ice Blue      59 - Electric Blue      62 - Purple      63 - Hibiscus



65 - Gold      71 - Aqua      72 - Turquoise      76 - Red      82 - Dusky Pink



102 - Orange      297 - Citrus Green

**SPECIAL ORDERS**  
 All the colours featured here as sleeveless are also available as long sleeved Design 7442

# Gym Outfits Jackets / Trousers



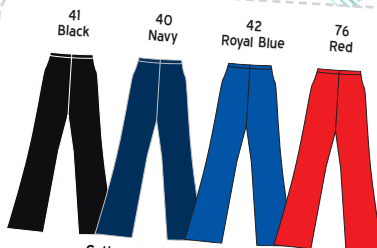
Microfibre Tracksuit Jacket

Design	BWTJ
Colour	Available to Special Order in a wide range of colours.
Size	26, 28, 30, 32 XS, S, M, L, XL
Price	Please enquire



Luxury Velvet Jacket with full length zip

Design	6518A
Colour	As illustrated All other velvet colours to Special Order
Size	XS, S M, L XL
Price	£33 £38 £39



Cotton Jazz/Rock Pants

Design	8540
Colour	As illustrated
Size	XS, S M, L XL
Price	£24 £28 £29



Velvet Shorties (Motif extra)

Design	7631
Colour	40 Navy
Size	XXS, XS, S M, L
Price	£14.50 £17

**MOTIFS**  
The velvet Jacket & Shorties can be decorated with any of the motifs on pages 64-65. Please advise which motif you require and where.

**ORDER HOTLINE**  
**01270 627722**  
Monday - Friday 9am - 4.30pm

## SPECIAL ORDER R.G. OUTFITS

All the R.G. outfits on these two pages are made to Special Order.

You can choose any colour from the charts on the inside back cover and team it with any of the printed / glitzy materials seen throughout the catalogue.

All R.G. outfits are non-returnable and delivery is approx 6-8 weeks.

There is **NO MINIMUM** order !

**SPECIAL ORDERS**  
All available to Special Order in any colour  
No Minimum Delivery 6-8 weeks



Velvet/Glitz Rhythmic Leotard with skirt

Design	8326
Colour	All available colours
Size	XXS. XS. S M. L. XL
Price	£55 £65

Velvet/Glitz Rhythmic Leotard with skirt

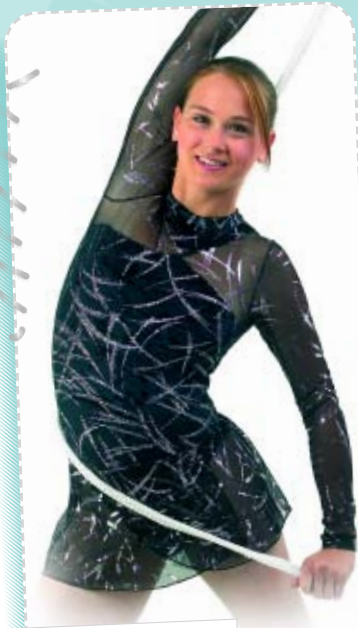
Design	8320
Colour	All available colours
Size	XXS. XS. S M. L. XL
Price	£55 £65



Velvet/Glitz Rhythmic Leotard with skirt

Design	8322
Colour	All available colours
Size	XXS. XS. S M. L. XL
Price	£59 £69





Silkskin/Glitz Rhythmic Leotard with skirt

Design	8317
Colour	All available colours
Size	XXS. XS. S M. L. XL
Price	£55 £65



Silkskin or Velvet + Glitz Rhythmic Leotard with Skirt

Design	6561
Colour	All available colours
Size	XXS. XS. S M. L. XL
Price	£70 £80



Printed Velvet Leotard with net sleeves. Separate skirt - see page 43

Design 7449  
 Colour All available colours  
 Size XXS. XS. S M. L. XL  
 Price £38 £43



Velvet/Glitz Rhythmic Leotard with Tulle skirt

Design	8325
Colour	All available colours
Size	XXS. XS. S M. L. XL
Price	£55 £65



Printed Velvet Leotard with skirt attached

Design	6554
Colour	All available colours
Size	XXS. XS. S M. L. XL
Price	£55 £65



**\*SPECIAL ORDERS\***  
 All available to Special Order in any colour  
 No Minimum  
 Delivery 6-8 weeks



Colour A0105



Colour 41 Black



Colour 41 Black



Colour A0106



Colour 40 Navy



Colour A0107

### Plain Velvet Scrunchies

Design 6424  
 Colours All plain velvet colours  
 Price £5

Available from stock

### Glitz & Printed Pattern Scrunchies

Design 6425  
 Colours All glitz & printed patterns  
 Price £5

To Special Order only



### Velvet/Glitz Catsuit

Design 8038  
 Colour All available colours  
 Size XXS, XS, S M, L, XL  
 Price £70 £80

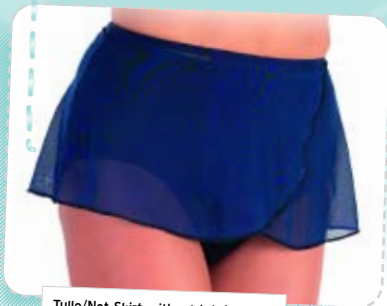
Available to Special Order only



**ORDER HOTLINE**  
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Monday - Friday 9am - 4.30pm

For all  
 Carita House R.G.  
 Equipment please  
 see pages  
 73-75



Tulle/Net Skirt without briefs

Design	8570
Colour	All plain Tulle/Net colours
Size	XXS, XS, S M, L
Price	£12 £14



Lycra Skirt

Design	8573
Colour	All plain Lycra colours
Size	XXS, XS, S M, L
Price	£15 £17.50



Patterned Tulle/Net Skirt without briefs

Design	8570RF
Colour	All patterned Tulle/Net colours
Size	XXS, XS, S M, L
Price	£18 £21



Velvet V Waisted Skirt with briefs

Design	8568
Colour	All plain Velvet or Lycra colours
Size	XXS, XS, S M, L
Price	£22.50 £26.50



Velvet Skirt

Design	8571
Colour	All plain Velvet or Lycra colours
Size	XXS, XS, S M, L
Price	£12 £14



Velvet Scoop Waisted Skirt

Design	8566
Colour	All plain Velvet or Lycra colours
Size	XXS, XS, S M, L
Price	£22.50 £26.50



Silkskin Skirt

Design	8574
Colour	All Silkskin colours
Size	XXS, XS, S M, L
Price	£10 £12



Glitz Skirt

Design	8575
Colour	All Glitz colours
Size	XXS, XS, S M, L
Price	£17.50 £20.50



Light Lycra Skirt with envelope opening. Briefs separate.

Design	8248
Colour	All Silkskin colours
Size	XXS, XS, S M, L
Price	£16 £18.50



# Gym Tees

Any of the motifs can be applied to any colour tee shirt. Please state which motif you require and which colour & size tee shirt you require.

☆ GYMNASTICS ☆

Colour Silver

I ♥ TRAMPOLINING

Colour Silver

I ♥ GYM

Colour Red

GyMnAsT

Colour Blue

GyMnAsT

Colour Black

GyMnAsT

Colour Pink

GyM  
BaBe

Colour Black

GyM  
BaBe

Colour Pink

GyM  
BaBe

Colour Silver

### Tee Sizes:

4-6 (22/24") S (32")  
7-9 (26/28") M (34")  
10-12 (30") L (36")  
XL (38")



Any Motif Tee Shirt

Design	534
Colour	29 Pale Pink
Size	Age 4-6, 7-9, 10-12 S/M, M/L
Price	£10 £13



Any Motif Tee Shirt

Design	534
Colour	14 Fuchsia
Size	Age 4-6, 7-9, 10-12 S/M, M/L
Price	£10 £13



Any Motif Tee Shirt

Design	534
Colour	41 Black
Size	Age 4-6, 7-9, 10-12 S, M, L, XL
Price	£10 £13



Any Motif Tee Shirt

Design	534
Colour	44 White
Size	Age 4-6, 7-9, 10-12 S, M, L, XL
Price	£10 £13



Any Motif Tee Shirt

Design	535
Colour	White/Purple
Size	Age 4-6, 7-9, 10-12 Only
Price	£10

Please state which motif you require!



Any Motif Tee Shirt

Design	535
Colour	White/Aqua or White/Pale Pink
Size	Age 4-6, 7-9, 10-12 Only
Price	£10

Please state which motif you require!



Any motif on page 44 can be applied to these tee shirts - prices as listed.

For your OWN NAME Motif in Pink or Silver please add £5.00



Any Motif Tee Shirt

Design	536
Colour	White/Pale Pink or White/Aqua
Size	Age 4-6, 7-9, 10-12 Only
Price	£11

Please state which motif you require!



Little Ted - Super soft cuddly 9" bear with white plain tee shirt

Design	537
Price	£9

Big Ted - Super soft cuddly 16" bear with white motif tee shirt

Design	538
Price	£10

BIG TED'S tee shirt can be personalised with any diamante name or motif of your choice. See page 64-65 for all motif information



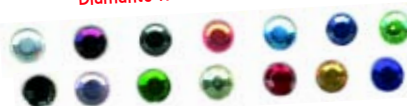
Tee Sizes:

4-6 (22/24")	S (32")
7-9 (26/28")	M (34")
10-12 (30")	L (36")
	XL (38")

For all Hipsters see page 35



Diamante Rhinestones (crystal effect)



Crystal, Amethyst, Black Diamond, Hyacinth, Aquamarine, Sapphire, Peridot, Jet, Light Amethyst, Emerald, Jonquil, Siam, Topaz, Cobalt.

All of the stock leotards in the catalogue and any of the designs on the following **SPECIALS** pages can be made in any of the colours shown on the colour chart on the inside back cover. Any of the glitz printed materials shown throughout the catalogue can also be used for special order leotards.

**There is NO MINIMUM order for Special Leotards!**



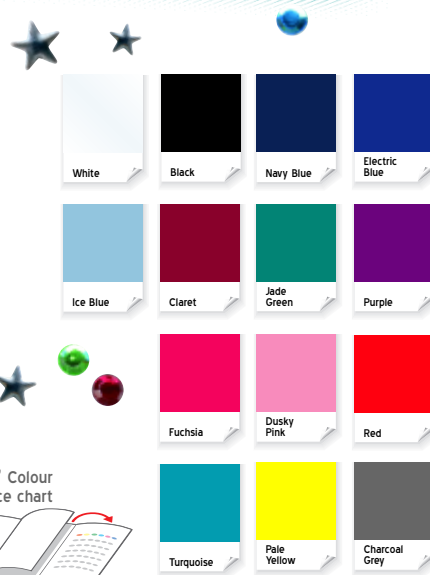
We are also able to make one-off leotards for individuals or teams who require something just a little special for a competition or display. If you are interested in a design that is not featured in our range or is a variation on one of our existing designs please send us a sketch of your own design and we can advise you of the costs involved.

Swatches of all our printed and glitz materials are available on request.



All you need to do is let Carita House know the design you require, the colours, the patterns and the materials and we can help turn you out in a stylish individual outfit!

**Special Orders do take approximately 8 weeks for delivery so please allow plenty of time and advise us of your display or competition date when you place your order.**



**ORDER HOTLINE**  
**01270 627722**  
Monday - Friday 9am - 4.30pm



Full range of colours available on inside back cover.

# Velvet Specials



Smooth Velvet Long Sleeve Trio Leotard with back detail

Design	7606	
Size	XS, S	M
Price	£39.50	£45



Smooth Velvet Sleeveless Trio Leotard with back detail

Design	7606S	
Size	XS, S	M
Price	£35	£39



Glitz Leotard with plain back

Design	7614	
Size	XS, S	M
Price	£43	£49



Smooth Velvet/Glitz Long Sleeve Leotard with scoop back

Design	7604	
Size	XS, S	M
Price	£39.50	£45



Velvet Long Sleeve Leotard with front motif

Design	7173	
Size	XS, S	M
Price	£43	£49



Velvet / Printed Velvet Sleeveless Leotard

Design	7412A	
Size	XS, S	M
Price	£30	£35



Velvet Long Sleeve Leotard

Design	7483	
Size	XS, S	M, L
Price	£38	£44



Velvet Long Sleeve Leotard with finger detail

Design	7441	
Size	XS, S	M
Price	£45	£50



# Velvet Specials



Velvet Leotard with identical back

Design	7439V
Size	XXS, XS, S M, L
Price	£39 £45



Velvet Leotard with Zig Zag and plain back

Design	7457
Size	XXS, XS, S M, L
Price	£32 £37



Long Sleeve Velvet Leotard with Firebird flashes and V back

Design	7655V
Size	XXS, XS, S M, L
Price	£33 £38



Velvet Leotard with front detail

Design	7451
Size	XXS, XS, S M, L
Price	£26 £31



Velvet & Glitz Long Sleeve Leotard

Design	7445S
Size	XXS, XS, S M, L
Price	£37 £43



Velvet Swirl Leotard with back detail

Design	8910
Size	XXS, XS, S M, L
Price	£40 £45

**SPECIAL ORDERS**  
 Any Velvet Colour  
 No Minimum  
 Delivery 6-8 weeks



Velvet & Printed Velvet Leotard

Design	7418
Size	XXS, XS, S M, L
Price	£29 £34



Velvet Zig Zag Leotard with identical back

Design	7051
Size	XXS, XS, S M, L
Price	£35 £40

**ORDER HOTLINE**  
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Velvet Long Sleeve Leotard with back detail

Design	7459
Size	XXS, XS, S M, L
Price	£34 £39



Velvet Keyhole Leotard with plain back

Design	7456
Size	XXS, XS, S M, L
Price	£32 £37



Long Sleeve Velvet Firebird Leotard

Design	7446
Size	XXS, XS, S M, L
Price	£34 £39



Velvet Sleeveless Band Leotard

Design	7422
Size	XXS, XS, S M, L
Price	£29 £35



Velvet Long Sleeve Sun Flower Leotard

Design	7450
Size	XXS, XS, S M, L
Price	£39 £45



Velvet Sleeveless Leotard with glitz trim

Design	7435
Size	XXS, XS, S M, L
Price	£37.50 £44



Velvet Leotard with identical back

Design	7461
Size	XXS, XS, S M, L
Price	£34 £39



Velvet V Inset Leotard with plain back

Design	3868
Size	XXS, XS, S M, L
Price	£35 £39





Long Sleeve Silkskin Leotard with side stripe

Design	756
Size	XXS, XS, S M, L
Price	£26 £30



Long Sleeve Silkskin Leotard with Firebird flashes and V back

Design	7655
Size	XXS, XS, S M, L
Price	£28 £34



Long Sleeve Silkskin Leotard with side stripes

Design	7610
Size	XXS, XS, S M, L
Price	£33 £38



Silkskin Leotard with V insets front and back

Design	761
Size	XXS, XS, S M, L
Price	£26 £30



Silkskin Leotard with contrast sash front and back

Design	783
Size	XXS, XS, S M, L
Price	£28 £32



Silkskin Leotard with V insets front and back

Design	764
Size	XXS, XS, S M, L
Price	£26 £32



Long Sleeve Silkskin Leotard

Design	723
Size	XXS, XS, S M, L
Price	£19 £22



Long Sleeve Silkskin Leotard with ruched neck

Design	733
Size	XXS, XS, S M, L
Price	£22 £25

# Men's Leotards & Trousers



Men's Silkskin Leotard with identical back

Design	715
Colour	41/44/76
Size	XS, S M, L, XL
Price	£21.50 £24



Men's Crepe Nylon Trousers

Design	774
Colour	See page 56 for full details
Size	XXS, XS, S M, L, XL
Price	£21 £26



Carita House

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British Schools Gymnastic Association



Men's Silkskin Leotard with Zig Zag detail

Design	7098L
Colour	To Special Order in all Silkskin colours
Size	XXS, XS, S M, L, XL
Price	£21 £24



Men's Short Sleeve Velvet Sports Acro Leotard with zip back

Design	7476
Colour	41 Black
Size	XS, S M, L, XL
Price	£26 £31



Men's Velvet Gymnastic Trousers

Design	8508
Colour	To Special Order in all Velvet colours
Size	XS, S M, L, XL
Price	£27 £32

Men's Silkskin Gymnastic Trousers

Design	744
Colour	See page 56 for full details
Size	XXS, XS, S M, L, XL
Price	£28.50 £34.50



**ORDER HOTLINE**  
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Monday - Friday 9am - 4.30pm

Men's Silkskin Leotard

Design	8517
Colour	All silkskin colours
Size	XXS, XS, S M, L, XL
Price	£23 £27



Men's Silkskin Shorts

Design	8518
Colour	All silkskin colours
Size	XXS, XS, S M, L, XL
Price	£18 £21



Men's Silkskin Leotard

Design	8495
Colour	All silkskin colours
Size	XXS, XS, S M, L, XL
Price	£20 £24



Men's Silkskin Shorts

Design	8496
Colour	All silkskin colours
Size	XXS, XS, S M, L, XL
Price	£16 £19



Men's Silkskin Leotard with 2 front stripes

Design	8501
Size	XXS, XS, S M, L, XL
Price	£23 £27

Men's Printed Silkskin Leotard

Design	8481
Colour	All printed silkskin colours
Size	XXS, XS, S M, L, XL
Price	£25 £29



Men's Silkskin Leotard with front and back detail

Design	8521
Colour	All silkskin colours
Size	XXS, XS, S M, L, XL
Price	£23 £27



Men's Silkskin Leotard with front inset

Design	8503
Colour	All silkskin & printed silkskin colours
Size	XXS, XS, S M, L, XL
Price	£23 £27

**SPECIAL ORDERS**  
No Minimum!  
All designs available in any colour of your choice!

Dorlastan  
Fibers  
Made in  
ITALY

Men's Silkskin Leotard with three side stripes

Design	709
Colour	All silkskin colours
Size	XXS, XS, S M, L, XL
Price	£19 £21



Men's Silkskin Leotard with 2 side stripes

Design	8509
Colour	All silkskin colours & Gold and Silver Glitz
Size	XXS, XS, S M, L, XL
Price	£31 £36



**SPECIAL ORDERS**  
 No Minimum!  
 All designs available in any colour of your choice!

Men's Silkskin Leotard with neck and arm trim

Design	8485
Colour	Gold or Silver Glitz with trim
Size	XXS, XS, S M, L, XL
Price	£20 £24



Men's Velvet Sports Acro Leotard

Design	8517
Colour	All velvet and Printed velvet colours
Size	XXS, XS, S M, L, XL
Price	£23 £27



Men's Silkskin Leotard with neck and arm trim

Design	706
Colour	All silkskin colours
Size	XXS, XS, S M, L, XL
Price	£18.50 £22



Men's Silkskin Leotard with printed side panel

Design	8523
Colour	All silkskin and printed silkskin colours
Size	XXS, XS, S M, L, XL
Price	£19 £23





31 Jade Green    41 Black    59 Electric Blue



Men's Velvet Leotard

Design	7416
Colour	31, 41 & 59
Size	XS, S    M, L, XL
Price	£19    £22

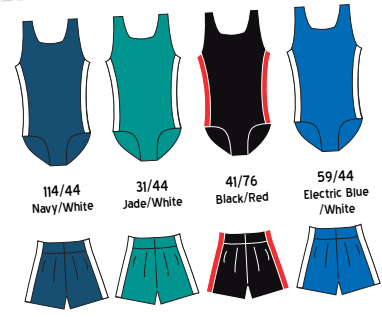


41 Black    76 Red    40 Dark Navy



Men's Plain Silkskin Leotard

Design	708
Colour	41, 76 & 40
Size	XXS, XS, S    M, L, XL
Price	£17    £19



114/44 Navy/White    31/44 Jade/White    41/76 Black/Red    59/44 Electric Blue /White

Men's Silkskin Leotard with side stripe

Design	704
Colour	As illustrated
Size	XXS, XS, S    M, L, XL
Price	£18.50    £21.50

Men's Silkskin Shorts with side stripe

Design	718
Colour	As illustrated
Size	XXS, XS, S    M, L, XL
Price	£15    £16.50



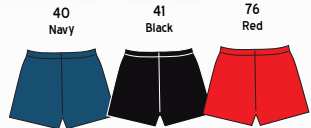
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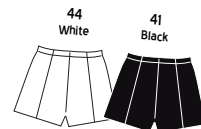
Men's Crepe Nylon Shorts

Design	769
Colour	As illustrated
Size	XXS, XS, S M, L, XL
Price	£13 £16



Men's Silkskin Gym Shorts

Design	719
Colour	As illustrated
Size	XXS, XS, S M, L, XL
Price	£14.50 £17



Men's Heavy Stretch Crepe Nylon Shorts

Design	317
Colour	As illustrated
Size	XXS, XS, S M, L, XL
Price	£14 £17



Men's Velvet Gym Shorts

Design	749
Colour	40 Navy
Size	XS, S M, L, XL
Price	£15 £18.50



Carita House  
Official Sponsors to the BSGA  
British Schools Gymnastic Association

Men's Perlon Gym Shorts  
with sewn in briefs. Suitable for  
Sports Acro and gymnastics.

Design	416
Colour	41 Black
Size	XXS, XS, S M, L, XL
Price	£18.50 £21.50



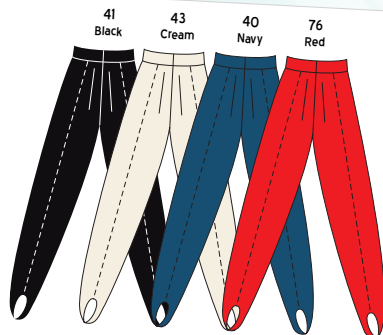
# Men's Gymnastic Trousers



## Men's Silkskin Gymnastic Trousers

Design	744
Colour	As illustrated
Size	XXS, XS, S M, L, XL
Price	£28.50 £34.50

Also available to **Special Order** in all silkskin colours - No minimum!



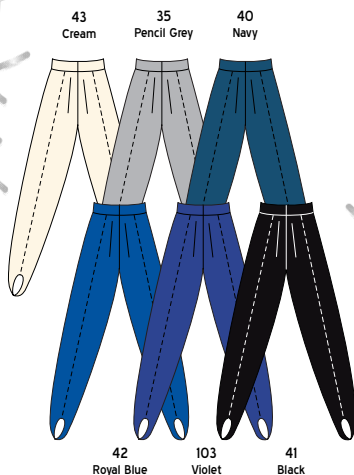
## Men's Trampoline Trousers, BTF Approved

Design	319
Colour	44 White
Size	XXS, XS, S M, L, XL
Price	£25 £28.50



## Men's Crepe Nylon Trousers

Design	774
Colour	As illustrated
Size	XXS, XS, S M, L, XL
Price	£21 £26



## Men's Trampoline Trousers → BTF Approved

Design	319
Colour	41 Black
Size	XXS, XS, S M, L, XL
Price	£25 £28.50



Dorlastan  
Fibers  
Made in  
ITALY

For over 40 years Carita House has kitted out thousands of teams, clubs and schools with their own personalised outfits - all made to order in their own colours and styles. From Keep Fit & Aerobics Teams, Medau, MMM & Fitness League Display Groups to Gymnastic Squads, Sports Acro Groups & Pairs, R.G., Trampoline & Cheerleading Teams. From Scouts, Skating, Senior Schools & Primary Schools, Theatre Clubs to Bowling Clubs they have all stopped at Carita House knowing that we can provide stunning outfits for their big day.

If you are unsure about any aspect of your order or just need some help - give us a ring on **01270 627722** and speak to the experts...

We are here to help you!

## GIRLS' & BOYS' GYMNAS TIC LEOTARDS

All of the girls' & boys' gymnastic leotards in the catalogue can be made in your own colours as a special order - no minimum! See pages 47 - 50 for some of the special designs which are also available. Alternatively if you have a specific design that you would like us to make for you please send a drawing and we can arrange samples and a quote for you. See the colour chart on inside back cover for all the standard colours available - you can also mix and match these with any of the printed colours which feature in the catalogue itself.

## SCHOOL KIT

We can provide all school uniform outfits - from Blazers & Fleeeces to Ties to PE Shorts & Skirts. Please contact us with details of your requirements and we will quote you accordingly and send samples if required.

## LEISUREWEAR

Choose from a wide variety of Tees, Polos, Sweatshirts, Fleeeces, Rain & Sports Jackets, Bags, Caps etc. The choice is endless.

## TRACKSUITS

Please see overleaf for our full range of luxury Microfibre tracksuits. All the designs featured can be made in your own colours or if you have a specific design that you require please send a drawing showing as much information back and front and we can quote you accordingly. There is NO MINIMUM order for our tracksuits but it would be appreciated if you could bulk orders together as much as possible!

## LADIES' LEOTARDS

We can make any of the designs in the catalogue in your own colours or style! So if you want long sleeves instead of short or high leg instead of standard - we can do it! Alternatively if you have a special design request just send a drawing and we can arrange a sample and quote for you. See the colour chart on inside back cover for all the standard colours available - you can also mix and match these with any of the printed colours which feature in the catalogue itself.

## KEEP FIT TOPS

We can supply a huge range of tops & tees for special displays or one off outfits.

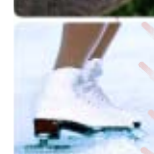
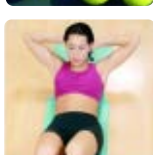
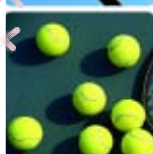
A selection is shown on page 20 but this is by no means exhaustive! If you have a special design top that you would like us to make for you please send a drawing showing as much detail as possible and we can quote and send material samples etc. Any style - any colour - just let us know and we can help kit you or your team out on your big day!

## HOW TO ORDER...

1. Allow plenty of time - specials take at least 6-8 weeks to deliver from date of order!
2. Choose your design, style and colours!
3. Request material swatches if you are unsure about the colours.
4. Request samples for sizing if you are unsure about the sizes required.
5. Request a specific sample if required (chargeable and non-returnable).
6. Place your order letting us know your dress rehearsal and display date and we'll do the rest!

Please note that special orders cannot be exchanged, cancelled or refunded once your order has been processed.

All special orders will be sent by secure next day 'signature on delivery' courier at the customer's expense.



# TRACKSUITS

A wide range of Tracksuits  
which can be personalised for your own club.



We have a wide range of Tracksuit designs all of which are available in your own club / school / team colours. All jackets and trousers can be personalised with your own logo either with printing or embroidery. We can also match your existing leotard material into your tracksuits as insets to provide you with a great look to your club uniforms.

Jackets & Trousers can be ordered separately and there is a choice of finish: long leg or ankle zips, elasticated or open hem trousers, drawstring or elasticated waist, side pockets or front zip pockets. The choice is yours!

## JACKETS

All jackets are fully lined and there is a choice of finishing details available:

- 2 zip pockets or 2 open pockets or no pockets at all.
- Elasticated or open hem waist with toggle
- Elasticated cuffs
- Full length zip or Quarter length zip
- All jackets can also be made with a fleece lining and/or a waterproof outer - prices on application.

## TROUSERS

All trousers are fully lined and there is a choice of finishing details available:

- Elasticated Hem or Open Hem
- 2 zip pockets or 2 side open pockets or no pockets at all.
- 14" Ankle Zips or Full Length Zips to base of pockets.
- Elasticated Waist

## DETAILS

Piping, Trim, Stripes etc are all available as extras and can be inserted into your tracksuits accordingly. Please enquire if you are interested in this.

## MATERIAL

Our tracksuits are made from luxurious Microfibre material, are fully lined and made to a very high standard.



## Drawings

Once you have decided which tracksuit style and colours that you require we will do a full colour drawing of how your own tracksuit will look including any logos required. There is no charge for this service!

## SAMPLE SIZING SET

If you are unsure about the sizes you require for your Club / Team we can send you a sample sizing set with one of each size jacket and trousers to try prior to confirming your order. This set is generally just a plain colour and is purely to give you a size guideline.

## SAMPLES

We can make a one-off sample of your tracksuit prior to your confirming your order. Please note that these samples are chargeable and are non-returnable. Delivery for samples is approximately 8 weeks so please build this into your lead-time if you need one prior to placing an order.

### Tracksuit Jackets

Size	Childs 22, 24, 26, 28, 30, 32 Adults XS, S, M, L, XL, XXL
Price	Childs from £33.00 Adults from £38.00

### Tracksuit Trousers

Size	Childs 22, 24, 26, 28, 30, 32 Adults XS, S, M, L, XL, XXL
Price	Childs from £19.00 Adults from £22.00



Team



College



County



Country



Worcester



Middlesex



Gym



International



Club



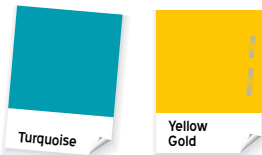
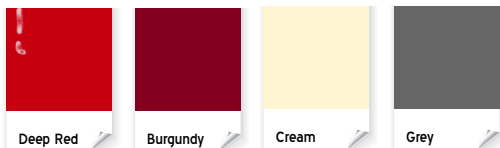
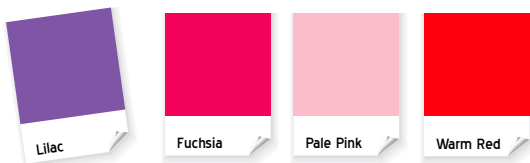
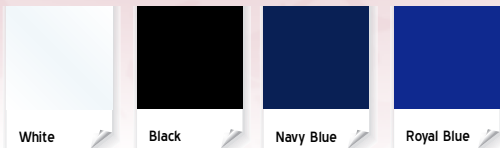
Club Plus



# COLOURS & MATERIALS

## Microfibre

Polyester Microfibre is a high fashion and extremely soft and easy to care for fabric. It gives a high level of wind and shower proof qualities and is used nationwide for schools & clubs.



## Fleece

Soft fleece is used to line the collars of certain designs. A wide range of colours is available.

## Material Swatches

We can send samples of all the Microfibre colours available - however please note that over a period of time there may be very slight variations in the colours due to dye batch restrictions.

## Logos

We can personalise your tracksuit jackets with either printing or embroidery of your name or logo. The cost for this is in addition to the regular tracksuit prices. Your logo can be on the front chest or on the back or both and to do this we set up your logos on either a printing screen or embroidery tape for which there is a one-off charge.

## Front Chest Logos:

Front Chest Logos Set Up - These are generally embroidered but can also be printed if you prefer. There is an initial set up charge for printing of £20.00 and for embroidery of £50.00. This charge is a once-off charge and is only payable on your first order!

Front Chest Logos Per Jacket - The price per jacket for a front logo (in addition to the regular jacket price) is £3.00

## Back Logos:

Back Logos Set Up - These are generally printed but can be embroidered if you prefer. There is an initial set up charge for printing of £20.00 and for embroidery of £50.00. This charge is a one-off charge and is only payable on your first order!

Back Logos Per Jacket - The price per jacket for a back logo (in addition to the regular jacket price) is £4.00

## Minimum

We would appreciate it if your first order can be for at least 10 tracksuits. We will make small orders after that but please do try and collate as many as possible each time you order as regular very small orders do delay the general overall production.

## Delivery

Delivery for personalised tracksuits is approximately 8-10 weeks. If you have a competition or specific date by which you require your order please do advise us of this when you place your order.

## Postage

Postage is charged extra and is dependent on cost. We send all tracksuit orders by secure next day courier and these parcels do have to be signed for.

**VAT** VAT is included in all adult sizes - XS.S.M.L.XL.

## Tracksuit Size Specification

Tracksuit Jackets					Tracksuit Trousers		
Size	To Fit Chest	Finished Chest	Finished Length Elasticated	Finished Length Open Hem	Size	To Fit Waist	To Fit Inside Leg
<b>CHILDS</b>					<b>CHILDS</b>		
20	20"	29"	18"	20"	20	16"	18"
22	22"	31"	19"	21"	22	17"	19"
24	24"	32"	20"	22"	24	18"	20"
26	26"	35"	21"	23"	26	19 1/2"	21 1/2"
28	28"	38"	22"	24"	28	21"	23 1/2"
30	30"	41"	23"	25"	30	22 1/2"	25 1/2"
32	32"	44"	24"	26"	32	24"	27 1/2"
<b>ADULTS</b>					<b>ADULTS</b>		
XS	34"	46"	26"	28"	XS	26"	28"
S	36"	48"	28"	30"	S	28"	29"
M	38/40"	50"	29"	31"	M	30-32"	30"
L	42"	52"	30"	32"	L	34-36"	31"
XL	44"	54"	31"	33"	XL	38"	32"
XXL	46"	58"	32"	34"	XXL	40"	33"
XXXL	48"	60"	32"	34"	XXXL	42"	34"

To Fit Chest / Waist / Inside Leg is the actual body measurement that the garment will fit.

Finished Chest is the actual width of the jacket from under arm to underarm.

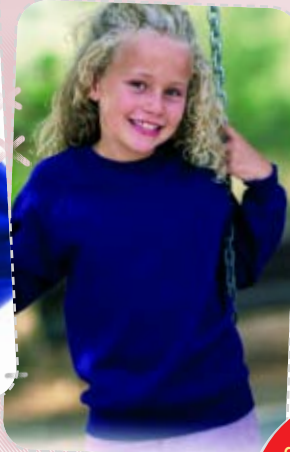
Finished length is the actual length of the jacket from the bottom of the collar to the bottom of the jacket.

Please allow 5% commercial tolerance on all stated sizing measurements.

If you are borderline it is better to choose the next size up.

Special sizes outside the regular size range can be produced but there will be a surcharge of £5.00 per garment.

# Sweatshirts



Raglan sleeve or drop shoulder sweatshirts in a great colour range. Top quality materials - either 50/50 polycotton or 70/30 polycotton.

**Colours** Wide range of colours available - Please enquire

**Size** Childs 3-4, 5-6, 7-8, 9-10, 11-12

Adults XS, S, M, L, XL, XXL

**Prices** Please enquire



# Hoodies

Top quality Hoodies. Choice of 50/50 or 70/30 polycotton. Front kangaroo style pockets. Great surface for either print or embroidery of your own logo.

**Colours** Wide range of colours available - Please enquire

**Size** Childs 3-4, 5-6, 7-8, 9-10, 11-12

Adults XS, S, M, L, XL, XXL

**Prices** Please enquire

Please contact us for a specific quote for your own individual requirements!



# Rugby Shirts



100% Ringspun cotton rugby shirts. Variety of styles. Short sleeve, long sleeve traditional or lady fit for feminine shape. Great for printing or embroidery of your own logo.

**Colours** Wide range of colours available - Please enquire

**Size** Childs 5-6, 7-8, 9-10, 11-13

Adults S, M, L, XL, XXL

**Prices** Please enquire

# Drill Tops



100% Cotton Drill Tops. Ideal for training. Rib V-neck & cuffs, elasticated waist. Suitable for printing or embroidery of your own logo.

**Colours** Wide range of colours available - Please enquire

**Size** Childs 28, 30, 32

Adults S, M, L, XL, XXL

**Prices** Please enquire

# Fleeces



Top quality Anti-Pill fleeces. Choice of 1/2 or full-length zip. Elasticated cuffs. Waistband release toggles. Side pockets. Ideal for embroidery of your own logo on left chest or back of fleece.

**Colours** Wide range of colours available - Please enquire

**Size** Childs 3-4, 5-6, 7-8, 9-10, 11-12  
Adults XS, S, M, L, XL, XXL

**Prices** Please enquire



# Jackets



Windproof nylon shell jacket with mesh lining. Front stud fastening. Drawcord at hem. Concealed foldaway hood. Ideal for printing or embroidery of your own logo.

**Colours** Wide range of colours available - Please enquire

**Size** Childs 6-8, 8-10, 10-12  
Adults 12-14, S, M, L, XL, XXL

**Prices** Please enquire

Please contact us for a specific quote for your own individual requirements!



# Shorts



Great range of shorts for all sports and activities.

**Colours** Wide range of colours available - Please enquire

**Size** Childs 5-6, 7-8, 9-11, 12-13  
Adults XS, S, M, L, XL, XXL

**Prices** Please enquire

# Jogpants



Great range of basic jog pants for all sports and activities

**Colours** Wide range of colours available - Please enquire

**Size** Childs 3-4, 5-6, 7-8, 9-10, 11-12  
Adults XS, S, M, L, XL, XXL

**Prices** Please enquire

ORDER HOTLINE

01270 627722

Monday - Friday 9am - 4.30pm

# Tee Shirts



A great range of colourful tee shirts. 100% cotton or stretch lady-fit. Ideal for personalisation of your own logo through either printing, embroidering or diamante motifs.

<b>Colours</b>	Wide range of colours available - Please enquire
<b>Size</b>	Childs 1-2, 3-4, 5-6, 7-8, 9-10, 11-12 Adults S, M, L, XL, XXL
<b>Prices</b>	Please enquire



Superb quality polo shirts in a full range of colours. All the polo shirts are suitable for either printing or embroidering with your own logo.

<b>Colours</b>	Wide range of colours available - Please enquire
<b>Size</b>	Childs 1-2, 3-4, 5-6, 7-8, 9-10, 11-12 Adults S, M, L, XL, XXL
<b>Prices</b>	Please enquire

# Polo Shirts



Specials

# Sparkly Motifs

Brighten up your sports clothing with our Diamanté Motifs.



You can now have your own name or logo made up in a variety of diamanté colours. A selection of styles and colours are shown here but we can make any design that you require.

All you need to do is send us a rough sketch of the design you want and let us know the colours required and we will quote and make a sample up for you prior to producing your order.

These motifs can be applied to Tee Shirts, Sweatshirts, Polo Shirts, Velvet & Silkskin Leotards or Shorties etc.



## Diamanté Rhinestones (crystal effect)



Clear, Amethyst, Black Diamond, Hyacinth, Aquamarine, Sapphire, Peridot, Jet, Light Amethyst, Emerald, Jonquil, Siam, Topaz, Cobalt.

## Diamanté Shapes (metallic effect)



Heart, Star, Diamond, Teardrop, Leaf, Oval, Half Moon, Triangle, Rectangle, Square & Pearls.

## Diamanté Rhinestuds (metallic effect)



Gold, Blue, Green, Red, Rose Pink, Light Pink, Purple, Black, Silver, Sky Blue, Lime, Orange, Pink, Brown, Light Purple, Grey.

Gym Motif  
£3.00  
Own name - £5.00  
Special Motif -  
Price on request

ORDER HOTLINE  
01270 627722

Monday - Friday 9am - 4.30pm

# Sparkly Motifs

Any of the motifs on this page can be applied to any of our plain garments.

Choose your tee shirt, colour & size and let us know which motif you require and where you would like it positioned - front centre chest, left chest, right chest etc.



Motif: Heart Spray 3  
Size: 13cm x 12cm



Motif: Heart Spray 2  
Size: 10cm x 10.5cm



Motif: 2 Hearts  
Size: 3.5cm x 6cm



Motif: Star Burst  
Size: 16cm x 13cm



Motif: Pearls & Moon Spray  
Size: 11cm x 11.5cm



Motif: Chest V's  
Size: 4cm x 7.5cm



Motif: Catherine Wheels  
Size: 10cm x 13cm



Motif: Star Trio  
Size: 9cm x 12cm



Motif: 3 Star Spray  
Size: 7.5cm x 12cm



Motif: Chest Spray 3  
Size: 11cm x 26cm



Motif: Sun Spray  
Size: 11.5cm x 11cm



Motif: Star & Dot Flake  
Size: 10.5cm x 10.5cm



Motif: Pink Butterfly  
Size: 7.5cm x 9cm



Motif: Butterfly 5  
Size: 9cm x 11cm



Motif: Cool Dolphin  
Size: 6.5cm x 5.5cm



Motif: 3 Dolphins  
Size: 6cm x 18cm



Motif: Cats Eyes  
Size: 11cm x 18.5cm

All motifs on this page **£3.00**

ORDER HOTLINE  
**01270 627722**

Monday - Friday 9am - 4.30pm



Please contact us for a specific quote for your own individual requirements!

**ORDER HOTLINE**  
**01270 627722**  
Monday - Friday 9am - 4.30pm

In order to PRINT your garments with your club name or logo we need to set up a printing screen for each colour you require and there is a once-off initial charge for doing this.

Thereafter there is a 'price per item' charge for each application of your logo and there is a different price according to how many items you have printed at any one time.

Also the more colours you have in your logo - the more expensive it becomes as you need a separate screen for each colour.

If you have a rough design or logo and want us to improve it for you - just send it to us and we will get our artists to do a proof for you which we will send for your approval prior to printing your order.

## Embroidering



In order to EMBROIDER your garments with your club name or logo we need to set up an embroidery tape and there is a once-off initial charge for doing this which is only payable on your first order.

There is no restriction on the number of colours you can have in your logo.

Thereafter there is a 'price per item' charge for each application of your logo and the more items you have embroidered at any one time the cheaper the price becomes - so do try to order as many as possible at any one time to take advantage of this.

If you have a rough design or logo and want us to improve it for you - please send it to us by post or email and we will do a sample proof for you which we will ask you to approve prior to actually embroidering your garments.

# Caps



The perfect baseball cap. Rip-strip® size adjuster. 2 stitched eyelets. 100% cotton twill. All caps can be either printed or embroidered with your own logo.

**Colours** Wide range of colours available -  
Please enquire

**Price** Childs £3.00 to Adults £3.50



A wide range of sports bags and gymbags all of which can be printed with your own logo.

**Colours** Bottle Green, Navy, Black,  
Royal Blue, Laser Blue, Red

**Sizes** Childs or Adults

**Price** Childs £4.00 to Adults £20.00



# Bags

## Terms & Conditions for Special Orders

### Special Orders

All garments provided with your own logo on are classed as 'special orders' and are therefore non-returnable and non-exchangeable.

### Samples

If you wish to see samples of plain garments such as Tee Shirts, Sweatshirts, Fleeeces, Shorts etc we can arrange this for you and they can be returned with no charge made. Please note however that if you require a sample with your logo on these will be chargeable and remittance due with your order for samples.

### Prices

Please contact us with your specific requirements and we will do a personalised quotation showing any discounts available.

### Logos

All logos, printed, embroidered or sparkly motifs, are charged separately and are in addition to the plain garment prices. Please contact us with your specific requirements and we will quote you accordingly.

### How to Order

Please contact us with your requirements and we will then confirm all details and prices including any discounts available. We are happy to accept all orders by email, by fax or by post.

### Payment

We do require payment with your order unless special arrangements have been made. Please make all cheques payable to Carita House. We accept all major credit cards.

### Postage

Postage is extra on all orders and is charged at cost. An approximate price is £8.00 per large box.

### VAT

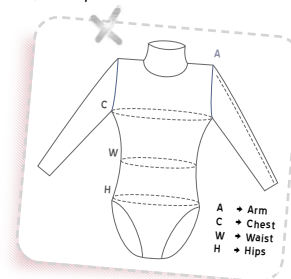
VAT is included in all our prices on adult sizes at the ruling rate. Please note we reserve the right to amend the prices should the ruling rate change.

### Sizes

The following sizes are a guideline for all Sweatshirts, Fleeeces, Polo Shirts, Tee Shirts, Jackets, Rugby Shirts, Drill Tops and Hoodies.

**Childs:** Age 3-4 (24" chest)  
Age 5-6 (26" chest)  
Age 7-8 (28" chest)  
Age 9-10 (30" chest)  
Age 11-12 (32" chest)

**Adults:** XS (34" chest)  
S (36" chest)  
M (38/40" chest)  
L (42" chest)  
XL (44" chest)  
XXL (46" chest)



### Returns & Refunds

All team items are made to special order. Please note that we cannot accept back for return or refund ANY items made to special order - and in particular those that have been personalised with printing or embroidery. We will of course give a full refund or replace any genuinely faulty items.

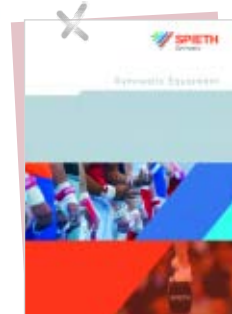
SPIETH Gymnastic Equipment Arguably the best gymnastic equipment in the world.

Used at World Championships and the Olympics Carita House are delighted to be official suppliers of Spieth Equipment in the UK.



**SPIETH**  
Gymnastic

Please give us a call on  
**01270 627722**  
and request the latest  
Spieth catalogue and  
price list!



# Cheerleaders

A comprehensive selection of special Cheerleading outfits all made to order in your own team colours.



Please give us a call on  
**01270 627722**  
and request the latest  
Cheerleaders catalogue  
and price list!



Cheerleaders

# Skating

A great range  
of Specialist Italian  
Skating outfits for girls and boys.  
All available to Special Order  
in your own colours.



Please give us a call on  
**01270 627722**  
and request the latest  
Skating catalogue and  
price list!



# Equestrian Vaulting Outfits

This beautiful and increasingly popular sport involves gymnastics on the back of a moving horse. It's brilliant, dynamic and involves power, strength, elegance and precision all in perfect harmony with your horse. It helps develop balance and confidence and is tremendously rewarding.

Carita House is delighted to have provided a wide selection of special outfits for British vaulting clubs. All of our leotards can be made as catsuits suitable for Vaulting.

If you have your own design we can also make this for you to Special Order. Please contact us for further information!

ORDER HOTLINE

01270 627722

Monday - Friday 9am - 4.30pm



For more information on Equestrian Vaulting visit



[www.vaulting.org.uk](http://www.vaulting.org.uk)

[www.englishvaultingsquad.co.uk](http://www.englishvaultingsquad.co.uk)

Made in ITALY

# Gymnastic Accessories



Design: 4211



Size Large 20cm  
Price £13

Design: 4212



Size Medium 18cm  
Price £13

Design: 4206



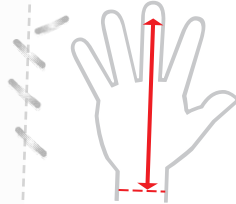
Size Large 20cm  
Price £13

Design: 4208



Size Medium 18cm  
Price £13

The top row of handguards have a rolled leather dowel and Velcro fastening



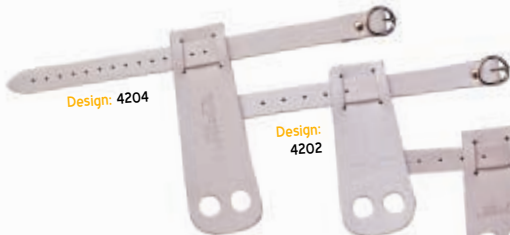
To measure all handguards take measurement from middle top knuckle to wrist.



Wide Wristbands to protect wrists from handguards

Design 3806  
Colour White  
Price £4

Design: 4204



Size Medium 15cm  
Price £8

Design: 4202



Size Small 13cm  
Price £8

Design: 4203



Size Extra Small 11cm  
Price £8



Plain Velvet Scrunchies

Design 6424  
Colours All plain velvet colours  
Price £5

Available from stock

Glitz & Printed Pattern Scrunchies

Design 6425  
Colours All glitz & printed patterns  
Price £5

To Special Order only

Grippy Pure Gym Chalk  
8 x 2oz blocks per box. Demanded by gymnasts and athletes worldwide whenever a secure grip is essential to performance.

Design 136  
Price £14



*POSTAGE INFO*	
Chalk	
Qty.	Cost
1 item	£2.50
2 items	£3.50
3-5 items	£6.00
6-9 items	£9.00
10+ items	FREE



# R.G. Hoops & Pom Poms



**Hoop Carrier**  
For all your R.G. equipment. Internal pockets for clubs, ribbons and shoes. Fits 4 senior size hoops plus ribbons etc.

Design 2504

Colours Dark Fuchsia

Price £21

POSTAGE INFO		
Hoops		
Qty.	Cost	
1 item	£9.00	
2 items	£8.00	
3-5 items	£7.00	
6-9 items	£6.00	
10+ items	FREE	



Colours
White, Green, Fuchsia, Red, Orange, Pale Pink, Gold, Aqua, Royal Blue, Purple, Black.

**Junior Tubular Hoop**  
Rigid high-density polythene hoop.

Design	63
Colours	As illustrated
Size	80cm diameter 300g weight
Price	£15

**Senior Tubular Hoop**  
Rigid high-density polythene hoop.

Design	65
Colours	As illustrated
Size	87cm diameter 370g weight
Price	£15.50

**Mini Tubular Hoop**  
Rigid high-density polythene hoop.

Design	67
Colours	As illustrated
Size	70cm diameter 260g weight
Price	£15



**Pom Poms**  
Shake while you shape! Sold individually.

Design	1026
Colours	White, Jade, Yellow, Red, Blue, Black, Orange, Purple
Price	£7 each

**Metallic Pom Poms**  
Shake while you shape! Sold individually.

Design	410
Colours	Shiny Red, Shiny Blue, Silver, Gold
Price	£8 each

**ORDER HOTLINE**  
**01270 627722**  
Monday - Friday 9am - 4.30pm



# Balls... Balls... Balls...

## Patterned R.G. Balls

Design 4098  
 Colours As illustrated →  
 Weight 410 gms  
 Size Diameter 20cm  
 Circumference 60cm  
 Price £18

- 1 Fuchsia/Purple
- 2 White/Black
- 3 Purple/White
- 4 Orange/Purple
- 6 Red/Black
- 7 Jade/Black
- 8 Dark Blue/White
- 9 Fuchsia/White
- 10 Light Blue/White
- 11 Lilac/Black
- 12 Black/Purple
- 13 Aqua/White



## Plastic Medau Balls

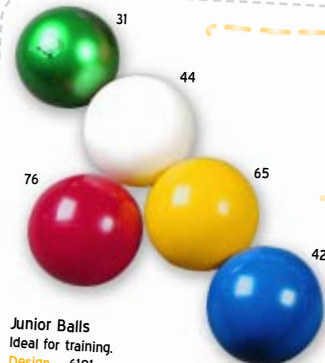
Design 8000  
 Colours Green, White, Red, Blue, Yellow  
 Weight 450 gms  
 Size Diameter 20cm  
 Circumference 60cm  
 Price £12



Ball Net  
 for approx. 10 balls  
 Design 1200  
 Price £9



Ball Pump  
 25cm long nipple  
 type pump for use with  
 all Carita House balls.  
 Design 6103  
 Price £9



Junior Balls  
 Ideal for training.  
 Design 6101  
 Colours Green, White, Red,  
 Yellow, Royal Blue  
 Weight 310 gms  
 Size Diameter 17cm  
 Circumference 51cm  
 Price £11



## Plastic R.G. Balls

Design 4097  
 Colours Red, Bright Green, Raspberry, Black, Navy, Jade, Mid Blue,  
 Peach, Baby Pink, Fuchsia, Yellow, White, Silver  
 Weight 400-410 gms  
 Size Diameter 19cm  
 Circumference 59cm  
 Price £16

## Care of Carita House Gym Balls

1. Ensure your ball is at room temperature before inflating.
2. Use only nipple type pumps to inflate.
3. Store all balls in temperate to cool conditions - the best temperature is between 18 - 22 degrees centigrade.
4. Do not store balls near a direct heat source or leave in a hot place or direct sunlight. Failure to adhere to the above will tend to distort the balls on the one side that is nearest to the heat source.
5. Do not over inflate the balls more than the maximum (D) diameter and (C) circumference as stated and which correspond to FIG specifications.
6. Do not use strong detergents on your balls.

Carita House cannot be held responsible for any distortions that may occur if the above instructions are not strictly adhered to.

ORDER HOTLINE  
**01270 627722**  
 Monday - Friday 9am - 4.30pm

# R.G. Ropes, Clubs & Ribbons



**Plaited Perlon R.G. Ropes 3 Metre**  
**Design** 133  
**Colours** White, Yellow, Lilac, Pale Pink, Dark Pink, Red, Light Green, Jade Green, Purple, Royal Blue, Black  
**Price** £11



**Satin 6 metre ribbon & konic fibreglass wand**  
**Design** 2500  
**Price** £14

**Satin 5 metre ribbon & konic fibreglass wand**  
**Design** 2501  
**Price** £13.50

**6 metre ribbon only**  
**Design** 2600  
**Price** £9

**5 metre ribbon only**  
**Design** 2601  
**Price** £8

**Colours** Dark Yellow, White, Dark Blue, Dark Lilac, Yellow, Green, Orange, Pale Blue, Fuchsia, Black, Baby Pink, Red

**Fibreglass Wand - 56cm long**  
**Design** 2602  
**Price** £7

**Wand Carrier - Black**  
**Design** 2603  
**Price** £3

**\*POSTAGE INFO\***  
**Clubs**  
 Qty. Cost  
 1 item £2.50  
 2 items £3.50  
 3-5 items £6.00  
 6-9 items £9.00  
 10+ items FREE

**Moulded Plastic Spieth Clubs**  
 FIG Approved.  
**Design** 216  
**Colours** White, Royal Blue, Green, Pink, Yellow, Lilac, Red, Black  
**Length** 45cm  
**Weight** 150g  
**Price** £8 each



**Midi Clubs.**  
 FIG Approved for competition up to 14 years  
**Design** 215  
**Colours** White or Pink  
**Length** 37.5cm  
**Weight** 120g  
**Price** £7 each

**Patterned R.G. 6 Metre Ribbon & Wand**  
**Design** 4103  
**Colours** As illustrated below  
**Price** £15



Green, White, Purple  
 Red, White, Blue  
 Rainbow



**Ribbon Roller for 1 ribbon only**  
**Design** 2604  
**Price** £6.50

Welcome to our new Yoga Range!  
We have selected a range of Yoga Props for safe Yoga. They will assist you with correct practice and help improve alignment whilst avoiding strain. Our gratitude to Yogacharya B.K.S. Iyengar, the world's leading yoga master, for inventing many of the original props that have inspired this collection.



**Deluxe Yoga Belt**  
Helps attain correct postures without strain. Strong with easy adjust ABS nylon D rings which ensure the belt does not slip. 100% cotton.

Design	YBELT
Colour	Natural
Size	2.5m x 38mm
Price	£9



**Fitness/Yoga Mat**  
The most popular mat around. Comfortable slip-resistant surface. Excellent grip and durability - independently tested against Harmful Substances for Skin Contact (OEKO Tex 100 - Certificate 40 353) making them safer for you and the environment! Washable!

Design	YMAT
Colour	Blue or Purple
Size	4.5mm thick, 183cm (6') long, 60cm wide
Price	£21



* POSTAGE INFO *	
Qty	Cost
1 Item	£2.50
2 Items	£3.50
3-5 Items	£6.00
6-9 Items	£9.00
10+ Items	FREE



**Fitness/Yoga Ball**  
High Quality Fitness/Yoga ball for extra support in backbends and other Yoga postures. Burst proof to 250kg maximum load and comes boxed with a hi-pressure 6" pump. Washable!

Design	YGYM
Colour	Purple
Size	65cm (for height 156-175cm / 5'1" - 5'9")
Price	£27



**Yoga Brick (sold individually)**  
The dense foam is firm enough to use upright and its square corners enhance stability. Non toxic, wipe clean, safe and portable.

Design	YBRICK
Colour	Purple
Size	220 x 110 x 70mm
Price	£6.50 each



**Yoga Block (sold individually)**  
For use as cushioning in inversions, to support the head in forward bends and for lift in seated twists. Non toxic, wipe clean.

Design	YBLOCK
Colour	Blue
Size	305 x 205 x 50mm
Price	£6.50 each

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**01270 627722**  
Monday - Friday 9am - 4.30pm



**Neoprene Dumbbells**  
Neoprene coated Dumbbells for aerobic and fitness training. Flat bottoms prevent weights from rolling away. Boxed in pairs.

Design	DBEL		
Weight	1kg	2kg	3kg
Price	£10	£15	£20

**Medicine Ball (sold individually)**  
The Medicine Ball is an excellent tool for a complete body workout, especially when combined with a Swiss Ball. Use it to strengthen shoulders, back, arms and legs, and to create rock hard abs. Unlike weight machines that are bolted to the floor and give a limited unnatural movement, the medicine ball provides weight-resistance through a full range of motion. Ideal for athletes, boxers, golfers, tennis players and fitness enthusiasts. Made from rubber, they bounce, are waterproof and easy to grip.

Design	FMED		
Weight	1kg	2kg	3kg
Price	£16	£20.50	£26.50

**\*POSTAGE INFO\***  
Bells & Balls  
Prices include  
First Class  
post



**Stability Cushion (sold individually)**

An ideal tool for improving balance and posture. You can kneel or stand on the cushion whilst exercising to improve core strength or you can sit on it to tone abdominal muscles whilst sitting at your desk! Can be inflated or deflated to increase or decrease the level of stability.

Design	FSTAB
Price	£17



**Speed Rope**

A durable, smooth turning rope with free-spinning handles to ensure a perfect skipping arc. Suitable for all general skipping routines. Length 9ft for height 5' 3" - 5' 10", 8ft and 10ft ropes are available to special order.

Design	FSKIP
Price	£6



**Resistance Band Kit**

The complete resistance solution that is small enough to fit into your pocket - a truly portable gym!

Design	FKIT
Price	£15



# Fitness Accessories



Mixed Belts - Pack of 10

**Design** 82  
**Colour** Colourful Lucky Dip Mix  
**Size** 1" wide / one size fits all  
**Price** Only £1.00 !!



**Knee Support**  
 Length 70cm approx

**Design** 1507  
**Size** One-size  
**Price** £6.50 each

**Wrist Support**  
 Length 21.5cm approx

**Design** 1508  
**Size** One-size  
**Price** £5.50 each

**Tennis Elbow Support**  
 (Not Illustrated)

**Design** 1509  
**Size** 1 - Small, 2 - Medium  
**Price** £15.50 each

**Crossover Ankle Support**  
 Length 51cm approx

**Design** 1503  
**Size** One-size  
**Price** £5.50 each



**Anklewarmers.**  
 Shirelastic reinforced to keep their shape

**Design** 3900  
**Colour** As shown right →  
**Size** One-size fits all  
**Price** £6 per pair



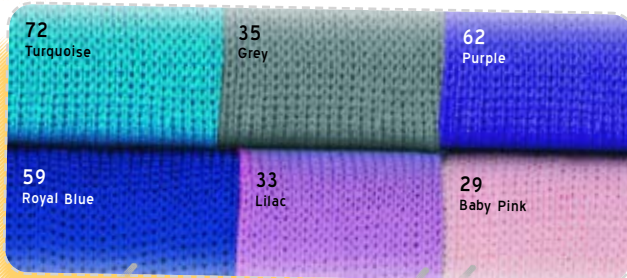
**Fittmitts**  
 Soft leather fitness gloves.  
 Ideal for weights or cycling.

**Design** 4217  
**Colour** Blue (58) or Diamond (65)  
**Size** S or M  
**Price** £9 per pair



**Light Lycra Body Stocking.**  
 Ideal under pale coloured leotards.

**Design** 120  
**Colour** 32  
**Size** XXS, XS, S M, L, XL  
**Price** £17 £20



72  
Turquoise

35  
Grey

62  
Purple

59  
Royal Blue

33  
Lilac

29  
Baby Pink

**ORDER HOTLINE**

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Monday - Friday 9am - 4.30pm



**Leather Gymnastic Shoes**  
Soft leather, suede sole with rubber insets and elastic gusset

Design	7000
Colour	Cream
UK Size	Child 6 - Adult 6      Adult 7 - 13
Price	£10                              £11.50



**Doeskin Gymnastic Shoes**  
Soft doeskin, suede sole with rubber insets and elastic gusset

Design	8200
Colour	Cream
UK Size	Child 8 - Adult 6      Adult 7 - 13
Price	£11                              £13



**Specialist Microfibre BEAM Shoes**  
Superb quality, supple, hardwearing & washable

Design	2144
Colour	Cream
UK Size	(Half sizes not available) Child 11 - Adult 6      Adult 7 - 13
Price	£13                              £15



**Olympic Doeskin Gymnastic Shoes**  
Top quality and hardwearing. Approved and worn by Britain's top sports acrobats

Design	2030
Colour	Cream
UK Size	Child 10 - Adult 6      Adult 7 - 13
Price	£19                              £22



**Canvas Gymnastic Slippers**  
Canvas upper, elastic gusset, non-slip sole

Design	3000
Colour	White
UK Size	Child 6 - Adult 6      Adult 7 - 12
Price	£7.50                              £8.50



**Original Plastsok**  
Extremely hard wearing, soft, washable plastic footed cotton sock. Suitable for swimming, gymnastics and indoor activities - a medically approved preventative against foot infections. **Limited sizes available - please enquire!**

Design	0000
Colour	White
UK Size	Child 7 - Adult 6      Adult 7 - 13
Price	£6                              £7

# Gymnastic Footwear



Half-Toe Doeskin R.G. Shoes

Design	9001	
Colour	Black	
UK Size	Child 8 - Adult 6	Adult 7 - 9
Price	£8.50	£9.50



Half-Toe Doeskin R.G. Shoes

Design	9001	
Colour	Cream	
UK Size	Child 8 - Adult 6	Adult 7 - 9
Price	£8.50	£9.50

Please state individual shoe sizes when ordering. If you are in doubt about your shoe size draw an outline of your foot on a piece of paper and post with your order. We cannot accept foot outlines via fax!



Carite® Balance/Trampoline Shoes  
Poly Uppers with non-slip rubber soles

Design	1000	
Colour	White or Black	
UK Size	Child 8 - Adult 6	Adult 7 - 11
Price	£8.50	£9.50



Carite® Balance/Trampoline Shoes  
Poly Uppers with non-slip rubber soles.

Design	1000	
Colour	Pink or Fuchsia	
UK Size	Child 8 - Adult 6	Adult 7 - 11
Price	£8.50	£9.50



BTF Approved Trampling Shoes  
Poly uppers with non-slip rubber soles.

Design	6000	
Colour	Black or White	
UK Size	Child 7 - Adult 6	Adult 7 - 14
Price	£8.50	£9.50



**Specialist Italian Microfibre Gym Shoes**  
 Superb quality, supple, hardwearing,  
 washable with heel support.

Design	2052
Colour	Black/Red
UK Size	(Half sizes not available) Child 11 - Adult 6    Adult 7 - 13
Price	£26                      £31



**Specialist Italian Microfibre Gym Shoes**  
 Superb quality, supple, hardwearing,  
 washable with heel support.

Design	2052
Colour	Cream/Blue
UK Size	(Half sizes not available) Child 11 - Adult 6    Adult 7 - 13
Price	£26                      £31



**Specialist Italian Leather Gym Shoes**  
 Superb quality, supple, hardwearing,  
 washable with heel support.

Design	2073
Colour	White/Blue
UK Size	(Half sizes not available) Child 11 - Adult 6    Adult 7 - 13
Price	£29                      £34



**IWA Leather Gymnastic Shoes**  
 Superb quality, supple and hardwearing.

Design	7501
Colour	White
UK Size	Child 11 - Adult 6    Adult 7 - 13
Price	£31                      £34



**IWA Velour Gymnastic Shoes**  
 Superb quality, supple and hardwearing.

Design	7502
Colour	Cream
UK Size	Child 11 - Adult 6    Adult 7 - 13
Price	£30                      £33

**ORDER HOTLINE**  
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 Monday - Friday 9am - 4.30pm

Please state individual shoe sizes when ordering. If you are in doubt about your shoe size draw an outline of your foot on a piece of paper and post with your order. We cannot accept foot outlines via fax!



**Leather Jazz Shoes**  
Non-slip rubber sole.

Design	7300
Colour	White
UK Size	Child 12 - Adult 6    Adult 7 - 12
Price	£18                                  £20



**Leather Jazz Shoes**  
Non-slip rubber sole.

Design	7300
Colour	Black
UK Size	Child 12 - Adult 6    Adult 7 - 12
Price	£18                                  £20



**Split Sole Jazz Shoes**  
Suede stitched sole.

Design	2099
Colour	Black
UK Size	Adult 1 - 6    Adult 7 - 10
Price	£25                                  £27



**Keep Fit Shoes**  
PVC upper, non-slip rubber sole.

Design	4000
Colour	Black
UK Size	Child 12 - Adult 6    Adult 7 - 13
Price	£7.50                                  £8.50



**Soft Leather Slippers**  
Suede sole, ideal for keep fit, dance and yoga.

Design	2000
Colour	Black
UK Size	Child 7 - Adult 6    Adult 7 - 10
Price	£11.50                                  £13.50

**ORDER HOTLINE**  
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**Leather Sports Sneakers**  
Cool leather sneakers with rubber sole and micro wedge 10mm heel.

<b>Design</b>	2403
<b>Colour</b>	Black with White Trim
<b>UK Size</b>	(Half sizes not available)
	Adult 1 - 6    Adult 7 - 10
<b>Price</b>	£31                      £36



**Leather Sports Sneakers**  
Cool leather sneakers with rubber sole and micro wedge 10mm heel.

<b>Design</b>	2403
<b>Colour</b>	White with Black Trim
<b>UK Size</b>	(Half sizes not available)
	Adult 1 - 6    Adult 7 - 10
<b>Price</b>	£31                      £36

**POSTAGE INFO**  
ALL TRAINERS

Pairs	Cost
1 pair	£2.50
2 pairs	£3.50
3-5 pairs	£6.00
6-9 pairs	£9.00
10+ pairs	FREE



**Leather Funk Boots**  
with split soles.

<b>Design</b>	8505
<b>Colour</b>	Black
<b>UK Size</b>	Adult 3, 4, 5, 5½, 6, 6½    Adult 7½, 8
<b>Price</b>	£49                      £54



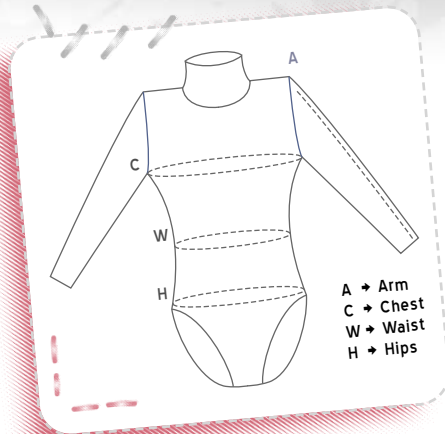
**Funky Low Jazz Boots**  
Leather jazz boots with split sole.

<b>Design</b>	2165
<b>Colour</b>	Black
<b>UK Size</b>	(Half sizes not available)
	Adult 1 - 6    Adult 7 - 10
<b>Price</b>	£41                      £46

**ORDER HOTLINE**  
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Monday - Friday 9am - 4.30pm

# Size Chart

If you are in doubt about your Carita House size please state as much information about your measurements as possible i.e. waist, bust, height, inside leg, and we will do our best to size you correctly to our garments.



## FEMALE

Sizes for Silkskin/Cotton/Velvet/Supplex Items		XXS	XS	S	M	L	XL						
Chest	inches	24 - 26	26 - 28	30 - 32	34 - 36	38 - 40	42 - 44						
	cm	61 - 66	66 - 71	76 - 81	86 - 91	97 - 102	107 - 112						
Waist	inches	23 - 25	25 - 27	23 - 27	25 - 26	28 - 30	32 - 34						
	cm	58 - 64	64 - 69	58 - 69	64 - 66	71 - 76	81 - 86						
Hips	inches	26 - 29	29 - 31	32 - 34	36 - 38	40 - 42	44 - 46						
	cm	66 - 74	74 - 79	81 - 87	91 - 97	102 - 106	107 - 112						
Height	ft. inches	3' 5" - 3' 10"	4' 2" - 4' 7"	5' 0" - 5' 4"	5' 6" - 5' 8"	5' 10" - 6' 0"	6' 0"*						
	cm	104 - 116	128 - 140	152 - 164	168 - 173	178 - 183	185+						
Sizes for Girls' Crepe Items		26	28	30	32	34	36	38	40	42	44	46	48
Chest	inches	24/25	25/26	26/27	27/28	30	32	34	36	38	40	42	44
	cm	61/63	63/66	66/69	69/71	76	81	86	91	97	102	107	112
Waist	inches	23/24	24/25	25/26	26/27	23	27	25	26	28	30	32	34
	cm	58/61	61/64	64/66	66/69	58	69	64	66	71	76	81	86
Hips	inches	26/28	29	29/30	30/31	32	33/34	36	38	40	42	44	46
	cm	66/71	74	74/76	76/79	81	84/87	91	97	102	106	107	112
Height	ft. inches	3' 5"	3' 10"	4' 2"	4' 7"	5' 0"	5' 4"	5' 6"	5' 8"	5' 10"	6' 0"	6' 0"*	6' 0"*
	cm	104	116	128	140	152	164	168	173	178	183	185+	185+

## MALE

Sizes for Stock Silkskin/Velvet Items		XXS	XS	S	M	L	XL						
Chest	inches	24 - 26	26 - 28	30 - 32	34 - 36	38 - 40	42 - 44						
	cm	61 - 66	66 - 71	76 - 81	86 - 91	97 - 102	107 - 112						
Waist	inches	20 - 22	22 - 24	25 - 28	28 - 31	32 - 34	34 - 35						
	cm	51 - 56	56 - 61	63 - 71	71 - 79	81 - 86	86 - 89						
Height	ft. inches	3' 5" - 3' 10"	4' 2" - 4' 7"	5' 0" - 5' 4"	5' 6" - 5' 8"	5' 10" - 6' 0"	6' 2" - 6' 4"						
	cm	104 - 116	128 - 140	152 - 164	168 - 173	178 - 183	188 - 193						
Sizes for Special Order Crepe Items		10	9	8	7	6	5	4	3	2	1	0	0.0.
Chest	inches	24/25	25/26	26/27	27/28	30	32	34	36	38	40	42	44
	cm	61/63	63/66	66/69	69/71	76	81	86	91	97	102	107	112
Waist	inches	20/21	21/22	22/23	23/24	25/26	27/28	28/29	29/31	32/33	34	34	35
	cm	51/53	53/56	56/58	58/61	63/66	69/71	71/74	74/79	81/84	86	86	89
Height	ft. inches	3' 5"	3' 10"	4' 2"	4' 7"	5' 0"	5' 4"	5' 6"	5' 8"	5' 10"	6' 0"	6' 2"	6' 4"
	cm	104	116	128	140	152	164	168	173	178	183	188	193

ORDER HOTLINE

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Monday - Friday 9am - 4.30pm

# How to Order

# Terms & Conditions

## DELIVERY

### 2ND CLASS POST

This is included free of charge in all our prices unless specified on the price list. Delivery is generally 4-5 working days.

### 1ST CLASS POST - £1.00 extra per item.

Delivery is generally within 2-3 working days.

### SPECIAL DELIVERY - £7.50 per 2kg parcel.

Guaranteed to arrive before 1pm next working day. Parcels will have to be signed for so please advise a suitable address.

### COURIER SERVICE - £10.00 per box.

Guaranteed next working day delivery. Parcels will have to be signed for so please advise a suitable address.

### BFPO ADDRESSES - extra according to region.

Please state the country you are based in to enable us to deduct VAT if applicable.

### FOREIGN ADDRESSES

Postage is extra at cost and dependent on the weight of your parcel. This can only be calculated once we know your complete order.

## AVAILABILITY

We aim to despatch all stock items immediately BUT HARD AS WE TRY. IT IS DIFFICULT TO PROVIDE 100% STOCK AVAILABILITY OF EVERY ITEM IN EVERY SIZE.

Some goods sell much better than even we can predict and we always try to keep adequate stock levels. If we do run out of any particular item this will be shown clearly on your invoice and please accept that we will replace stocks as quickly as possible and send the balance of your order as soon as we can - and within 28 days where possible.

If you have a specific date that you require your order by please state this when you order and we can then keep you informed of any delays.

## SIZES

Our size chart is on page 84 of the catalogue. If you are in any doubt about the size you require please give us as much information as possible re your measurements - chest, waist, hips, height, inside leg - and we will do our best to size you accurately.

## CLAIMS

Any claims in respect of non-delivery of goods will ONLY be considered if such claims are received IN WRITING after 15 working days of placing your order with us. If you have received an invoice from us separately please quote your invoice and account number.

Without written confirmation from you we are unable to process any claims with the Post Office and we cannot therefore send replacement items if required.

You MUST check with your local post office BEFORE making a claim. Frequently parcels are kept at your local post office for reasons unbeknown to us. If we send you replacements and your original parcel then arrives you are legally obliged to inform Carita House and the Post Office of its arrival.

## POSTAGE COSTS FOR ACCESSORIES

### BALLS - CLUBS - TRAINERS - CHALK

1 item	£2.50
2 items	£3.50
3 - 5 items	£6.00
6 - 9 items	£9.00
10 + items	FREE

### YOGA MAT - YOGA BALL

1 item	£4.00
2 items	£8.00
3 - 5 items	£9.00
6 - 9 items	£10.00
10 + items	FREE

### HOOPS

1 item	£9.00
2 items	£8.00
3 - 5 items	£7.00
6 - 9 items	£6.00
10 + items	FREE

Please try to order hoops in bulk to avoid the high postage costs imposed by the new GPO rules which are unfortunately beyond our control!

## RETURNS & REFUNDS

Carita House takes great care to ensure that all the items that we sell are of the highest quality. Should you be unhappy in any way with your purchase we operate a FULL MONEY BACK POLICY providing that the goods are returned unwashed and unworn and in PERFECT condition WITHIN 10 DAYS OF DESPATCH DATE.

All you need to do is parcel the goods up and return them to us with your correspondence. We are happy to process all returns without delay, providing that either proof of purchase or other invoice details are enclosed in your returns parcel.

ALL EXCHANGES AND REFUNDS MUST BEAR YOUR INVOICE NUMBER AND ACCOUNT NUMBER.

Special orders take 8 weeks and cannot be exchanged or returned.

Please note that when returning a parcel to us it is your responsibility until it reaches us: we therefore recommend that you obtain proof of postage.

We will of course give a full refund on any faulty goods that have not been worn or washed and will also reimburse you for any reasonable postage costs incurred in returning the goods to us.

If faulty goods are returned AFTER having been worn or washed we will repair the fault, make the garment good and return it to you with a refund for any reasonable postage costs you have incurred.

## WASHING INSTRUCTIONS

### METALLICS / GLITZY FABRICS

Hand wash inside out in cold tap water. DO NOT USE FABRIC CONDITIONER OR STRONG WASHING POWDERS. Do not dry near strong heat. Do not tumble dry or iron.

Glitzy fabrics are a novelty item with limited durability and may dull with wear and repeated washing and areas that incur friction may show some loss of the glitz. It is recommended that these leotards be used for occasional use only for displays or competitions and not on a daily basis. Please note that these fabrics may not perform to the standards of our solid and print silkskin & velour.

### VELVET / COTTON / SILKSKIN / SUPPLEX / CREPE

Machine wash at 30 degrees, spin and hang to dry immediately. DO NOT LEAVE BUNDLED WHILST WET AT ANY TIME. DO NOT USE FABRIC CONDITIONER OR STRONG WASHING POWDERS.

## GIFT VOUCHER

The perfect present! We can provide Gift Vouchers for multiples of £5.00 and £10.00. Please ring and enquire.

## PRINT

Due to printing tolerances the colours shown in this brochure are as close as possible to the original. Carita House reserves the right to withdraw or amend any of the items shown in the catalogue without prior notice.

## LEGAL STATEMENTS

The prices quoted in this catalogue are valid until August 31st 2009.

We reserve the right to raise or lower prices if extraordinary movements on the foreign exchange occur and if the ruling rate of VAT is changed.

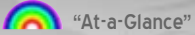
## ORDER HOTLINE

# 01270 627722

Monday - Friday 9am - 4.30pm

# Colour Reference

## & Material Info



"At-a-Glance"

Colour reference chart

Simply turn over the inside flap on the back cover to have the colour chart available while you browse the catalogue



**Carite® Cotton Superstretch**  
61% Polyester  
31% Cotton  
8% Dorlastan



### CARITA HOUSE MATERIALS

**Carite® Tactel**  
92% Polyamid  
8% Dorlastan



**Carite® Supplex**  
89% Polyamid  
11% Lycra

**Carite® Cotton**  
92% Cotton  
8% Dorlastan



**Carite® Dorlastan Silkskin**  
80% Polyamid  
20% Dorlastan



**Italian Plain Crepe Nylon**  
100% Polyamid



**Italian Cotton**  
88% Cotton  
12% Elastane

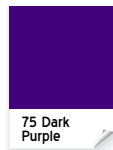
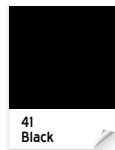
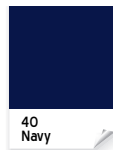


**Italian Plain Velvet, Printed Velvet, Plain Lycra, Printed Lycra, Ribskin, Glitz Material**

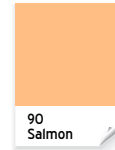
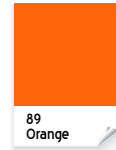
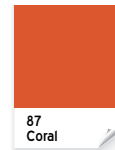
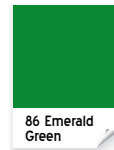
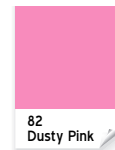
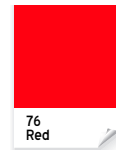
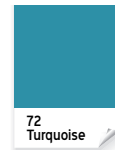
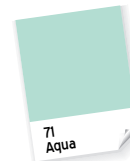
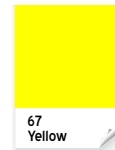
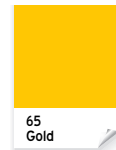
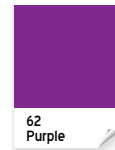
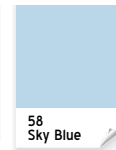
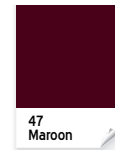
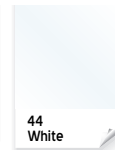
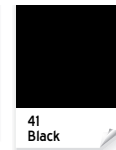
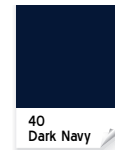
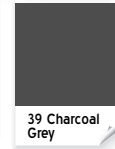
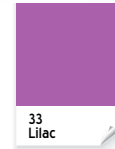
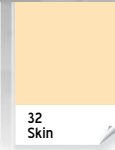
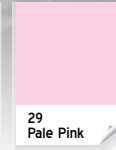
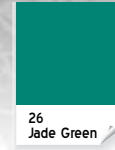
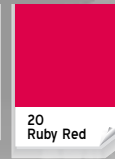
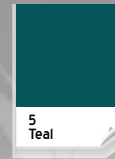
80% Polyamid  
20% Lycra



### ITALIAN SMOOTH VELVET COLOURS



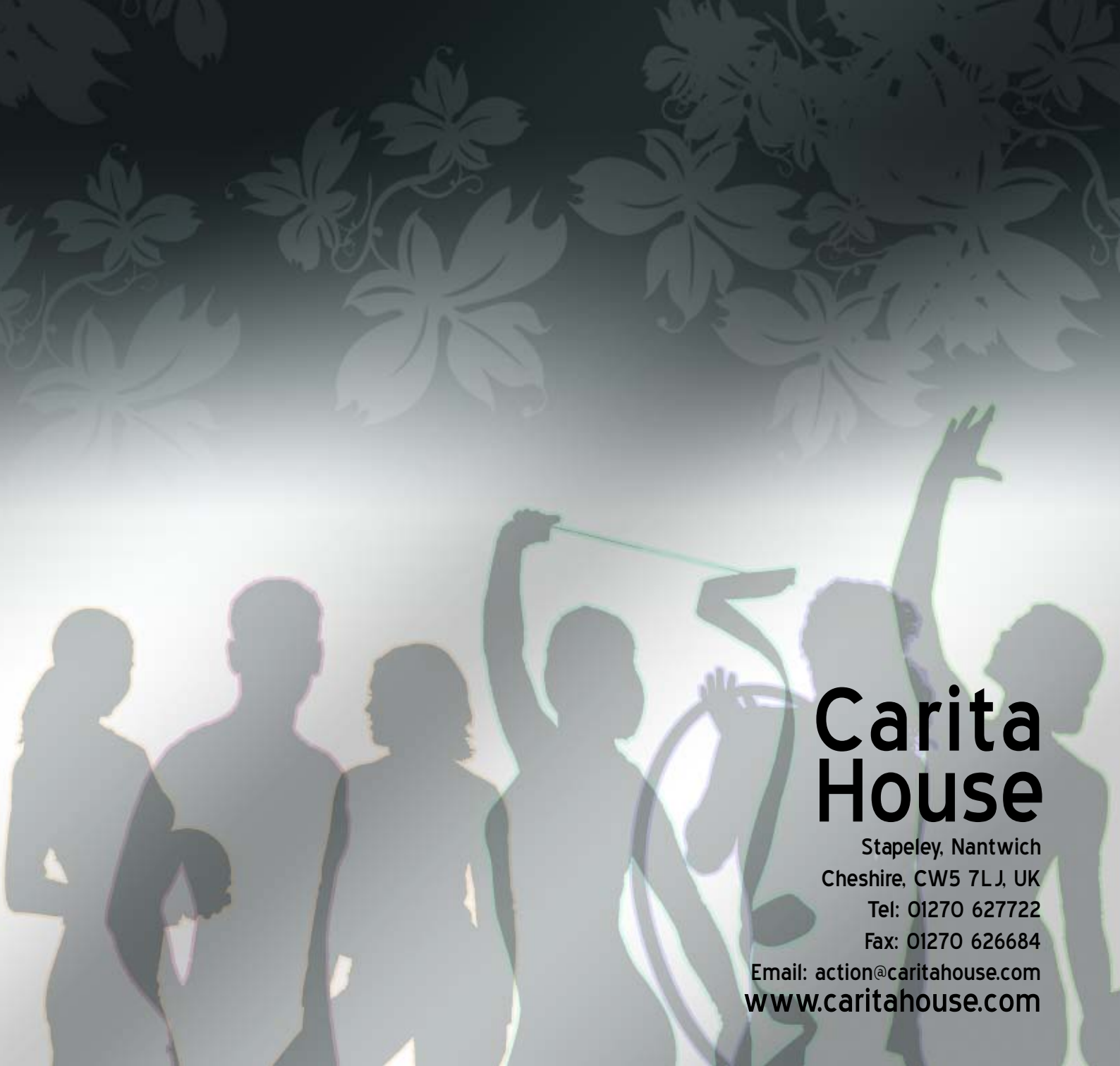
### ITALIAN COTTON COLOURS



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